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The cover of the Hinna Vâk Monthly Christian Magazine for September 2022. The title 'Hinna Vâk' is prominently displayed in large blue letters, with 'Monthly Christian Magazine' and 'AN ORGAN OF THE MIZORAM PRESBYTERIAN CHURCH SYNOD, MANIPUR AREA' in smaller text below it. The magazine is dated 'ESTD. MARCH 2008' and 'SEPTEMBER 2022'. The logo of the Presbyterian Church of India is visible in the top left corner. The background features a stylized sunburst design above the title.



## KHRISTIAN NUPÂN HISÊL

- Thagau Thiangtho Khâmlawkna Ei Petu
- Khanglaite Leh Insung Ah Mawpuakna
- Bible Hilchian Ding Dan

## HÂTTAK LEH HÂNG TAK IN

*"Hat tak leh hangsan tak in um in; a pu leh pateu kiang ah piak ding ah ka la tiamna gam hi, zia mipite gochan ding in hawm piak ding la hi'ngâl a" (Josh 1:6).*

Lalpa suak Mosi kha a thi ta, Israel nam a nuai têl ah sim thalêk ah puitu mamaw in a kizawt dup dup u'i. Joshua hi Aigupta sal Tân lai a pat ah Pathian suak Mosi kithuapi ah theitawp a la sua sek kha a hia, Lalpa chun Mosi thasang ah puitu ding in a guat a hi.

Mosi lopi zia kha: Pathian tawh gualpa chan gual in a kiholim ua, Lalpa chun ka suak Mosi hi Pathian inkuan lak in a lopi pen hi a la ti hial a hi kha. Ama kipiakna lopi zia Hebrai ziaktu in a gen dan a chun: Ginna ziak in Mosi'n hun chawmlo kal sung gitlo nawpchen limpi ah Aigupta gam gote sang in mu theilo chu a mu ziak in kipakman setheilo chu a thîl zaw, Goshen gam ah a unaute tawh sukgenthei leh mualpho chu a têl zaw a hi ti in ei la hilchian a hi kha. Ahinla zia gam bawngnawi leh khuaizu luanna gam chu gâl bep ah thîl in a sung ah a lut man ta puai.

I masang ah Lalpa galhang leh a mimatchakte i thîl a hi chun, maban ah kalsuan ding hi huphul a um ngei mai, i melma milian Anakimte haw i thîl kit leh taisiat mai a bailam ngei mai. Ahinla Joshua chun melma lam thîllo in Pathian thilhitheina thîl in Kanan gam kha lak thei ngei a kinem ah, a la bawk ah, a mite a hawp piak hi. Mosi bep en leh thasân zo ding in kigungcha diak puan a, maleh Pathian thutiam, hâtak leh hâng tak in um phawt mai in, la chawtna gam tapo chu hun piang ka tipa Lalpa lam a thîl zaw a hi.

*Kochuam puitute'n le i masang ah Provisional Synod in ei ngak zing lai a hin, Joshua thîl na mit a hin thîl in, leichung zosia Pathian in i kiang ah a thutiam chu subuting ngei ding a hi ti hi kinepna tawh malam zuan hi tiu.*

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**1. D. Khawzim Pastor Quarters**  
repairing a chia tha zing ah,  
zaw thian vak a hi ding ginchak  
a um hi.

**2. Lamka Pastor Quarters**  
hi Bial lawi upaten a sakzaw  
theilo phat un, Office khut ah  
a hung kawi kit ua, zia hile thei  
dan dan sakpum ah luathei ah  
siam ding ah malak laitak a hi.

**3. Tanggam Presbytery**  
huapsung Chiangpi mun ah  
Thangkai & Lungpau Statue  
chei phat ding kiti kha Upa  
Kaikhokam in mawpuakna  
piak a hia, a va siam tup ah,  
zia nung a chun office staff ten  
August 12 leh 15, 2022 ni khan  
natang in a ûmna a va bawl kit  
bawk ua, zaw fel a hi tai.

**4. Staff Quarters**  
Administrative Secretary leh  
Co-Ordinator lua lai, Common  
Room neu talua kha suklet a  
hia, chutna le zâ-um zaw deu  
ding ah then thak a hi tai.  
Chuleh Kitchen cabinet haw le  
chei thak deu a hi.

**5. Administrative Secretary**  
office ah zunbuk khat kawi  
thak a hia, Office sawng chung  
pani ah zun buk numei lam leh  
pawsal lam um thei ta ding ah  
guanggalna le zaw a hi tai.

**6. Account Training:** August  
17, 2022 ni khan Area office ah  
semtu Office Assistant te sia  
leh Accountant chu Manipur  
Synod guanggal Account  
training ah sawl a hia, lawk tak  
in hun a va mang thei u'i.

**7. JPC Meeting:** August 18,  
2022 ni khan Joint Presbytery  
Committee meeting a nunung  
pen ding ah ngai chu chut a  
hia, Provisional Synod hun ah  
i Kochuam vaipaw ding guatna  
a nei u'i.

**8. Finance Committee:** August  
19, 2022 ni khan Manipur  
Area Finance Committee  
chutkhawm a hia, kum 2023-  
2024 budget ding in Rs.  
6,49,95,000 hi pawm a hi.  
Rostad Memorial High School  
Budget Rs. 49,99,000 pawm a  
hi bawk hi.

**9. Manipur Area Committee:**  
August 23, 2022 ni khan

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Manipur Area Committee chut a hia, JPC in budget 2023-2024 ding ah a siam hi a pawm a, provisional Synod hun ah puitu ding ah guanggalna khenkhat a hileh chu thil chiadan pangai zaw ah then danglam khenkhat a um hi.

**10. Provisional Synod**  
**Hawnna:** Presbyterian Church of India General Assembly thupukna leh Executive thupukna dungzui in a hung tung ding October 23, 2022 a hin Provisional Synod hawnna Jubilee Church ah, D. Phailian Pastor Bial in ei zintun ding a hi tai. Zia hun a hin Kochuam te kipak chiat ding ah ngai a hi ziak in eimau sung ah pat zia hun ah pang ding chu zia gual a hin guat a hi:

- Minister zosia
- Pastor zosia
- Pro. Pastor zosia
- Presbytery Puipa zosia

- CKNP member zosia
- CKKP member zosia

PCI Official ban ah Synod tin a pat hung khawm ding hi mi 46 ah hiat a hia, Lamka sung ah Kochuam dang dangte tawh Manipur Area sung ah chiakhawm dingte tawh member hi mi 529 pha ding ah guanggal a hi.

**11. BSI Annual Conference:** August 6-7, 2022 sung in Bible Society Of India, Churachandpur Branch chun D. Phailian Bial Jubilee Kochuam zintunna in Annual Conference lawk tak in a mang hi.

Zia hun ahin i Administrative Secretary Rev. P.B. Zosaphara in Kiginni Inaugural Session ah Inaugural Address a gen ah, chun Co-ordinator Rev. S. Lama Vaiphei in Pathianni zingkal kikhawp in thugenna a nei hi.

# KHRISTIAN NUPÂN HISÊL

*Rev. S.Khaikholam  
Kangvai*

**Thumapui :** *Khristian nupan hisel ti ahin taksa leh thagau lam hiselna le chun khawm vek tho maleh nupan kâl (relationship) hiselna lam hi a pawimawna a let bek ziakin zia lam chu i gen tup pen a hi. Malzawlna dang tampi tak dawng maleu hin zia nupan kâl a hisello chun khawvel ah hin a nawp tak takna ding a um sek puai. Nupan kâl hisello chu a mau nupante bep a thuak a hi puau. Chate chung ah ga phalo tak a piang sek a, zia chun Insung, kochuam leh khawtang a sukha ngal sek hi. Ziaziakchun khristian nupan kâl hiselna ding ah pawimaw chuam chuamte ensuk hitiu.*

**1. Ginumna :** Khristian nupan kâl hiselna ding ah pawimaw masapen chu ginumna a hi ti leu hin genkhial puai tiu. Tulai nupan kâl buaina tamtak chu zia ginumna taksap ziak a hi. Pathian in mihingte ei la siam dan ah a khawk ma ma khat chu kawppi nei lai lai ah le midangte lunggulna nei thei ah ei la siam hih a hi. Zia hi Pathian in sual gal i zaw la ding hilo, i do ding ah ei piak a hi. Zia sualgal do gua lo ah kibuallutte hi hinkhua kipak leh thamuang a nei

thei puau a, lungzinna khukpi ah a kitawllut sek u'i. Kichen hun ah Pathian leh kochuam mipite ang ah i kawppi a ding bep ah kihithiangtho ding ah i ginumna thutiam hin vân thawng a hi ti i hiat zing diu a hi. Zia thutiam bawtsia chu kua hitaleh zia khawvel ziang ah hin le Pathian in hinkhua nuam leh thamuang a pia ngailo a hi. La kawppi chun a ma â ding bep ah kihithiangtho ah, ginum lahi ti a hun hiat a, nangman le a ma chu nang a ding bep a kihithiangtho leh ginum a hi ti

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la hiat phatleh la nupan kâl uh a hisêl a, thamuang in hinkhua nuam chu la mang thei sek uh a hi.

Zia ginumna i ti hin a kentel chu zuau genlo, guchalo leh thêmlo tite a hi. I kawppi ma-ang ah i titlonate leh bawlkhialnate ziak ah awimaw leh mawchansak ah um ding launa ziak ah zuau gen mai sang a chun i hina gual gual suklat ah, thawk a kûl lehle thawk ngam zawk hin nupan kâl hiselna lian tak ei pe thei zaw a hi. Ziagual ah titlonate pholat ngamna hin kimuantuana a hing dawk a, thil ipguk hung kilang dawk khanna tia lauthawn di umlo in lungthim chawldam tak a hinkhua mattheina ei tun zaw a hi. Zuau ah kiselguk hi thudik a hung kilat daw phat leh kimuanngamna um talo in kiphunsanna ngawn a hung hing dawk sek hi. Ziaziak chun nupan kal hiselna ding ah i hina gual gual ua kilutcha tua ah um hi a pawimaw ma ma hi.

**2. Kimuantuana :** A chung a ginumna i gen nau a hin ginumna ah kipat kimuanngamna a hung pawt dan neukhat i sulang tau a, neukhat ma vak gen be hitiu. Ginumna leh kimuantuana ti hi chu a kizui, khen dan hksa thim ma chu a hi. I kisukkhak pi/i seppi kua hi ziang leh le a ginum phawt chun i muang a, chawl a dam ma ma hi. Zia kimuantuana hi nupan kâl ah chawldamma ei petu pawimaw pen khat a hi. I kimuantua a, i lungthim a chawldam chun taksa hiselna tiang i chang ngal sek u'i. Sep le bawl thu ah te, sum leh pai thu ah te, U le nau kal thu a leh thil bangkim a kimuangtua tak ah um mai kha a pha'i. Mihing hi muan um zo tak tak lo i sakte haw le muang tak ah i um a hi chun a hung muanum mai sek u a hi. La kawppi chu a mawpuakna sem dawk thei dingin muang mai in, muanum tak ah hun sem dawk mai ding a hi. Damsung kawppi ding tawh kâl ah kimuantuana a umlo chun haksatna tamtak hing

dawk thei ding a hi ziakin muang tawp mai le chin, ama'n le nang tawh damsung ah la nawpsak khawmna ding uh a dawipen a hi ziakin hung muan um mai ding a hi.

**3. Kizatuana :** Nam changkang masate hin zia mimal hindan leh dawidan 'kizâtuana' hia ngaikhawk ma mau a, ei lam hin ngaikhawk bek nailo i bang u'i. Kawppi ah hin a biktakin pawsal in zite hindan, dawidan leh ngaidante zâ piaklo ah mani dawidan dan ah vahawm khum i gaw deu diak uh a bang hi. Nupan kâl hiselna ding ah zia kizatuana hi pawimaw tak khat a hi kit hi. Kochuam leh society in a pawm theilo thil chin haw hichu i gen puai. Tawidan chindante haw kisawisel zing hi sawisel ah umte a dingin a pawm thiam haksa sek a, kikâl hisellona a hingdawk sek hi. A hinla tulai mi khenkhat in "ka hindan chu kei a, ka thu thu a hi" a ti ziang pi uh hivang nupan kikâl ah mattei tak tak hi in a ngai thei puai. Nupan hitâk nung ah i kawppi â ding ah

thil haksa siam thei hindan i nei chun kisiamlem guat ding a hi zawi. A bang chu hileh i kawppi hindan, chindan leh ngaidante chu a hithei chan a zâ piak ding a hi zing laiin, a pakhat zawk inle ka kawppi dawidan a hilo leh tia kisiamlem a guat ding a hi. Mi lungchawm leh mi lung duai, thawk hat leh thawk dawl, hangsan leh dawilawk, mi gum leh nunnem leh a dang dang hindan kibanglo tak tak chengkhawmte i hi ziakin i kawppi chu a lunghim sia leh gilo mawng mawng le hilo ah, a ma hindan mawng mawng a hi ziak ah chuti sek a hi ti hiatthiam theina nei hin nupan kâl hiselna liantak a tut thei hi. Nupan hi, mi pani hilai pum khat ah hung kisiamna a hi ziakin hindan kibanglo leh bukimlo gel gel hung ki sutuate hi a lang a lang ah kihithiam tua ah kisiamlem gel gel ding a hi.

**4. Kithuhiaattuana :**

Kithuhiaattuana taksap ziakin nupan khat kikâl gamla tak ah um thei a hi. Sep ding bawl ding kikum beklo, mani cham

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cham ah um gel gel ziang hi nupan pumkhat umdan ding a hi puai. ‘A bang buaipi a hiu vem ka hiatpi paw vei,’ ti haw mai mai hi nupan hinkhua mat dingdan a hi puai. Nupan chu a nuam a haksa, kipakum leh da-um, a sia a pha kihiltua vek ding, haksat leh da-um hun ah kithamuan ding, kipak leh nawp hun ah kipakpi ding i hi ziakin thil bangkim ah kithuhiat zing ding a hi. Nupan kithuhiaattana tâksap ziak ah sum dawnna ah tal buai kha, leiba tamtak kiguan kha mi hun tiang gen ding i um tau. Kithuhiaattalo ah mani nawp dan dan ah sum mat ziang ziak ah nupan kâl hisello mu ding le a um bawk.

Haksatna leh lunggimnate kikumtualo ah mani bep in paw zolo ah buai lah beilo. Mihing chu haksatna i nei leh i haksatnate chu i mimuanpen leh mi ginum kiang ah i siatthak a hi leh nasatakin i puakgik ei dawn zang thei hi. Zia ding ah i haksatnate chu i kawppi kiang ngei ah tut thei hina ding ah panlak ding a hi. Zia gual ah a nawp a haksa ah

le kithuhiaattua hin nupan kâl a su hisel hi.

**5. Pathian bel :** A tawpna pen dingin nupan kâl hiselna ding ah pawimaw pen chu Pathian bel hih a hi. Pilna bukimlo mihamte hin i pilna leh theina zosia sua in nupan kâl hiselna dingin pan la leu hin le a bukim thei puai. Mi gilo tawp khawk Nicky Cruz te haw Pathian in mi phapente gualin a siam thei mai gual in nupan kâl sosang tak takte haw hile boruak nuam takin a siam thei hi. Mihing pilna mang ah theitawp sua ah Insung ahiloleh nupan kâl siamphat guatnate a hin le sawiselna ding a bei puai. Ahin Pathian pansan ah ama kiang ah kitulut tak pum ah pan lakna hi chu kuaman a sawisel thei pua, kuaman a nangzo diak pua, Thagau thiangtho zâl in zawna chu i chang thei sek a hi.

Kchristian nupan kâl hiselna ding ah pawimaw dang tampi le um maleh, a chung ah i gen takteu hi a bulpi pente a hiu a, i nupan kâl chiat un mang in phatchuampi gua chiat hitiu.

# KHANGLAITE LEH INSUNG AH MAWPUAKNA

*Rev. Ngurthanmawia Sailo  
i/c Imphal Pastor Bial*

*Insung ah khanglaite mawpuakna hi gen sen ding gual a hipuai. A chawmthei pen in vak gen le hin – ‘A kûl leh pawimaw zosia sep’ a tithei mai hi. I phatlai hun hi i vânglai leh hatlai, bangkim bawlthei ding ah mani kiginchak laitak a hi. Zia i phatlai hun ngei hi Kristian sungkuan ah i mawpuakna sukpitinna hun ah i mat phawt chun sungkuan dangte ettawn tâk ding khawp in ki-um thei in a. Zia ziak chun, Kristian sungkuan ah Khanglaite mawpuakna hi zilkhawm ding i hiu. Ziagual hin vak gen ta le hin.*

## **1. Nek leh châk hawlna kawng ah Nu leh Pa panpi:**

Khanglaite lak ah hin mi bang hem zat chu sungkuan ah pa pên, nekhawltu pên, sungkuan khaidingtu pên a hiu. Zia chu a hi zinglai in a tamzawte chu Nu leh Pasepsa kinga khawsah, “He Nu, He Pa-Cheng 50 eipetia’ ti sek a hi pen mai u'i. Khenkhate vâng chu Zillaite a hinalai u'i. Nek leh châk hawlna ah Nu leh Pate panpi ah, sum leh pai lâklutna kawng ah te, nasep ding um zosia sem a, Insung dawn zangkhai ding

ham ham ah ngaituana siam a kûl in a pawimaw hi. Bang nâ hiziang lehle, uaiâi lo in leh sep-ûtlo neilo a sep mai di a hi. Nâ him him hi a neu a h'em, a hawibîk a h'em a um chuam pua, a neu leh let, a siat leh phat chu a sêmtu ah kinga a hi. Bang nâ i sep inle, lungawi tak ah sêmte â ding ah chun a lul vek a, lungawilo tak ah nasep chun a nâ leh a sêmtu a ding in thil phalo a tun sek ziakin a khawk ma ma hi. Zillai i hi tak inle taima tak ah, lawting ngei ngei ding a zil di a hi. Zia chu sungkuan

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a ding leh mani mimal a ding  
in kûl leh pawimaw a hi.  
School leh College Zillaite'n  
le chawl sung ah Nu leh Pate  
panpi ngei ngei ding a hi.

### **2. Sungkuan masawnna ding ngaitua:**

Khanglaite hi sungkuan  
tin ah thil chinchai hia, thil  
bawl ding dan hia leh thiam  
zawte a hiu. Sungkuan  
kitodelna leh bubitna lam  
ngaituate, kitodel ding dan  
hawlta lam ah nu leh pa  
subengvâktheitu a hi'u. Nâ  
le sep ding a um phatleh,  
“He Nu, He Pa- Ka pei puai,  
ka kiman puai” ti kampau hi  
mat ngai ngai lo ding a hi. Zia  
sang a chun, “Banggual ah  
sem lehin a phadiam?” ti ah  
lampi hawlta a hi zawk dingu  
a hi. John Bosco (1815-1888)  
chun gamhuaite (devil)  
thângkam, khanglaite ki-  
awk utna pên chu ‘thatdana  
thâng’ a hi a tii. Khanglaite  
hin ngaituana tak tak sêng  
ah sungkuan masawnna ding  
ah lungthim a sên phat phat  
uleh sungkuan in mâ sawn  
mai ding a hi.

### **3. Sungkuan khawsakna kawng a thil kûl leh pawimaw zosia khawksalo a sêm ngal:**

Sungkuan khawsakna bâk  
chuam chuam ah hin tawi vat  
vat ngal ngaina mun a tam a-  
puansawp, thingput, gas lak,  
tuikhai, nek bawl, In leh kîm leh  
kiang sukthian etc. Zo suan nam  
chuam chuamte hi a tângpi  
in numei nâ, numei sep ding  
bîk um ah kawi namte i hina'u  
hi a buai umna tiang a um hi.  
Pawsal hîziak ah Insung ah  
thil kûl leh pawimaw sep ding  
numei sep ding ah kawidaw  
ziangte hi i nam naupanzia  
sulangtu pakhat a hi. Sep ding  
zosia hi kipak tak, thanuam  
tak, thatho tak leh nuamsa tak  
gual ah sep ding a hia, peilo leh  
thatda mêl hi chu thil mupei  
umlo pênte lak ah khat a hi.

Kchristian Khanglaite chun  
bang nâ hi ziang lehle ginum  
taka i sep chun lawtinna a um  
hi ti i hiat a ngai hi. Sep peilo  
neilo ah, vawk vâk, lo tho, âk  
vâk, kengtaw siam, munphiat  
leh mi thunuai ah kilaw tiang  
ah khawksalo a, i Insung â ding  
ah phatchuam theina zosia

lungawi takin sem zêl mai le hin, zia chun sungkuan nuam a tunthei sek hi.

**4. Khristian Khanglaite chun ipmut hun leh thaw hun a hiau:**

Khanglai khawvel a hi tâk ziakin sumdawnna lam ah sawlkar nâ leh company lian ah hotute chu Khanglai a hi tnagpi u'i. Zia gual mite chu mi kithunun zo, pilvang tak ah hinkhua mangte a hi'u a, nasep hunbî khêllam ah a pawimaw lo chun zân hâ leh zingkâl sawt pi pi ipmut a chîng puau. Kristian khanglaite lak a hin le ipmut hun leh thaw hun helo gen ding tawmcha a um u'i, la ti em? Kristian Khanglai diktak chun ipmut hun leh thaw hun dik tak a hiai. Khawvel hi khanglaite khut ah kinga a hi ti hia in, a mawpuakna pitinlo lau in pawimaw lo pi pi zân a hak sawt ngai puai. Zingkâl lam ah la nasepna ding ah taksa hisel a pawimaw zia hezing kawm in, zingkâl boruak pha hîp ding in a kisawizawi man a, zia chun nitum in thanuam tak leh thatho takin nâ a sepsak sek

hi. Sep ding um phatleh ipmu sâwt, a umlo phatleh thovak la hilona ding in ma takin tho sek in. Kumtung ah nisuak mulo a ding ah chun vânglai hun hi phachuam tak, khango tak leh lawk tak ah mat thei a hi pua'i.

**5. Sungkuan ah Boruak pha siam:**

Nek leh châk hawlna ziak, cha leh nau ziak, nisin nasepna ziak leh thil dangte ziak in Nu leh pate hin puakgik nasatak a paw sek u'i. Zia ziak a chun a lunghim uh a buai ah, a hiselnau sukkhak a hilona dingin Khanglaite'n nu leh pa leh Insung zangkhaina ding leh limna ding ah umdan leh paukam matdan tiang in bawlthei tamtak a nei u'i. "He Nu, He Pa- lungkham kiu, kei ka um chulam" ti paukamte hin nu leh pa lunggimna nasa tak in a sudam thei hi. Sungkuan boruak gik leh haksa le tawtthu mang in a h'em, paukam zângkhai leh boruak phalo sukiam dingin khanglaite hin haksatna i sukiam thei a hi ti hia'n, a hun tak ah kigawl thiam guat ding a hi.

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### 6. Sungkuan thagau hinna suhattu hi ding ah pan lâk:

Sungkuan zosia a kibang vek pua, sungkuan khenhat chu nu leh pa sakhuami ma ma, kochuam â ding ah le mi phachuam tak a hi laiu'n, sungkuan khenhat a hi leh vâng chu nu leh pate Pathian he lo, Kochuam le ngaisaklo i um kit u'i. Bang gual sungkuan ah kipat hi ziang lehin le, sungkuan a Lalpa nâ i sep theina ding ahin Khanglaite hin mawpuakna pawimaw tak i nei u'i. I chenpiteu Lalpa lam ah a hung kihei theina ding un, KKP member i hina hi i Insung ah le langdawk hen. Khanglai khenhat chu KKP programme ah active ma ma, maleh insung ah lungna na ziang, nu leh pa thu mang nuamlo, zan ah sawtpi pi hak, zîngkal thohak ma ma, sungkuante a ding ah panna um mawng mawng lo ah um thei a hi. Ziagual mite chun a Insung uh chu Kristian Insung pha tak hi dingin siamthei pua'n au.

#### Thukhâkna:

Tulai khawvel hi 'Khanglaite khawvel' ti in a gen sek u'i. Zia

ziak chun khanglaite panglo in bangma hi a lawting tak tak thei ta puai. Kristian sungkuan dinna ding ahin le khanglaite i pawimaw ma ma u'i.

Tulai khawvel ah Kristian Khanglai hingâl thada ma ma ziang, sepdag nei keilo thilhawi he ma ma kit ngal, chep leh muam ah thiangtholote, khamnathei le haithei talo ah umte hih thil zachatum bep hilo in, Pathian dawilo dan ah um a hi zawi. Pathian in eipiak hinna lûltak hi mani dawidan dan ah kinawptelna ah mangchai mailo in, hinna petu Pathian â dingin i hinkhua leh i hunte hi pekit zaw lehin i sungkuan hin phatpi zaw ngei ngei ding a hi.

Khristian sungkuan pha leh to hi, nu leh pate'n Khanglaite panglo in a siam/din thei puau ti he thak leu hin nawp a um hi. Khristian sungkuan pha siam ding ah chun la khut lo chu Lalpa'n khut dang a nei pua'i. Zia ziak chun i vânglai ngei hin Kristian sungkuan pha tak i nei theina ding in theipatawp in mani sungkuan chiat ah panla thak kit hitiu.

# THAGAU THIANGTHO KHÂMLAWKNA EI PETU

*Upa R. Vaiphei  
Kangvai*

**Chângtel:** *Zia ding ngei ah ei siampa chu Pathian ahi'n , ama chun khâmlawkna Thagau ei pia tai. -2Korinth 5:5*

Pathian in khawvel a hepi ma ma ziak in, a chapa changkhat neisun chu a hun pia tai. Kuale ama ging taphawt chu mangthailo ah kumtuang hinna a nei ngeina ding un (Johan 3:16). Pathian chapa changkhat neisun Lalpa Jesu chun ei hepi ma ma ziak in pa Pathian thu gual ngei in, Pathian gual ah um chu thâkla kham ah ngâilo in, miham ah hung kisiam in (Phillippi 2:6), Bethlehem gan in ah hung piang in, gan ann piakna kuang in a sial uh a hi.

Galilee gam dung leh vâi ah a hung vâkvai ah; Si-al ten kua a nei un vachaten bû a nei u'i, himaleh nang leh kei ei hung hawl ah vâkvai, Lalpa chun lungakna ding him a neilo a hi. Lungngâi haksat a hunthuak ah, a khawsa-ul thisan in a luang ah, a kikhedênnna ding thing khraws pu'h Kalvari lam a zawlâi in, thachau leh chawl taluan a kipûk hial a, thitiang ah thuak in kalvari thing khraws chung ah hung thi'n ei hung tandawk ta a hi.

Pathian hepina suangpi lian, a puak kek, Halleluiah! Pathian hepi leh lâinat lui, miham lam in a luangkawp. Felna leh hepi lunggual in, khawvel thiamlo a chawp tau (KLB No. 111). Eden sual ah pûk seta lei mihingte leh van mite kikhenta, kikhenna bâng in a dâidan tâk chu; Kalvari tâng in Lal Jesu'n hun suchim in, pawlkhat ah hunsiam in, a hun zawmmat kît ta a hi (Ephesa 2:15). Gilo ah mangthâi ding lâi chu kumtuang hinna ei

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neisak kît ah, vân ah lallukhuk ei pia, vân mi(citizenship) hi'na, Pathian innkuanpîte i hung hitau (Ephesa 2:19) a hi. Simtu dawitak, ngaitua tiam in a thûk dân hi; gan annkuang leh hânsedawl thing; lei Eden leh vân lallukhuk. Salem thak a kizawp dân hi (KLB No.- 52).

Kochuamte hi gitlo ah kipat ei hung tantu, Lalpa Jesu chu Lal leh Hukdampa ding ah pawm tute, gitlo ngaidam ah umte kipawlkhawmte i hiu a hi. Taksa mit ah mutheilo in i lungthim in a Thagau thiangtho in ei tepte in ei khâmlawk a hi. I pauchapnate, Lalpa pâkna Lâ i sakte hi; ei suhingtu (hinna petu) chu Thagau thiangtho a hi (Johan 6:63). Paul leh Sila ten suangkul sung in a pauchap ua, Lâ a sau ah, a suhingtu (hinna petu) Thagau thiangtho jâl in suangkul ah suang kilemkhawmte hung kithing in kawtkhâk chu a hung kihawng ziang ta, suangkul ngakte vêngtu chun Khrista Lal leh Hukdampa ah hun pawm in, baptisma a chang ta a hi kha (Nasepte 16:25,26).

Ei suhingtu (hinna petu) Thagau thiangtho panglo in Lâ i sakteu leh i pauchapnate, umze bei, vâikhutbet gi gual mai a hi. Ni tawpni phât leh kuate a h'em chun, Lalpa Jesu kiang in "Lalpa la min in damlote ka sudam un, thithate ka nawdawk uh a hi!" ti in report ala pia ding ahiu. Himaleh Jesu'n a kiang un "Ka hun hekha puai, ei nusia ta un" ti'n a la dawnhu ding a hi (Mathai 7:22). Ziate hi bang a ti leh Lalpa Jesu'n hekhalo hial ziang a hi diam? Titak takna neilo, lunggil tak ah Pathian hepina neilo/Pathian Thagau thiangtho teptena, khâmlawkna neilo/piangthak tak taklo ah, mi dân dân ah a min mai ah kochuam lak ah pang, a hi ziak ua Pathian dawigual ting zolo ahiu. "LALPA, LALPA, eiti taphawt vangam lut ding a hi ziang puau; ka pa van ah um dawi gual hi'te bep lut ding ahiu hi" Jesu'n a ti a hi (Mathai 7:21).

Simtu dawitak, Pathian Thagau thiangtho teptena/ khâmlawkna ti hi Sakhaw dang him him in a umpuai. Ei

Bible bep in a kimu a hi. Zia hi a pawimaw takzet a hi. Zia lunggil ah Pathian Thagau thiangtho khâmlawkna chu, taksa mit in muthei hilo maleh, suangpêk ah zik hilo lunggil pêk ah zik ahia, lungngai lungzîn gentheina'n a zo pua, damlona leh natna chi chuam chuam cancer/TB te'n a zo puau ah, thina thânhkhûk in a vui mang thei puai. Zia i lei taksa hi thân ah ala jâl ding hiziang maleu hin, teptena/Khâmlawkna Thagau thiangtho chun Khrista thân apat a thawkît gual khan ei la kaitho kît ding a hi (Rom 8:11).

Mo lawpna khat ah chun mo lawpna gual vâkna annkuang ûm dingin Inn neipa'n mi a chial ah. Ankuang a ûm lâitak un, In neipa chun a mi chialte a hung en vel ah; pawsal khat hi kichênnna puan sillo hi a hung mu 'Lawm aleh nangin bangatia kichênnna puan sillo la hem?' a hun tia. Ziapa chu gênding helo in a thip bek ziang ta a hi. Zia phât chun

a suakte kiangin. "zia mipa hi a khut leh kêng kântawm unla pawlam thim in paidawk ta un!" a ti ta mai hi, ti-in Lalpa Jesu'n tekhin thu' a gên a hi (Mathai 22:11). Zia Lalpa Jesu'n tekhinthu a gên apat hin, dânni tak leh vân ah belamno jineina ankuang ûm ding, Mosia leh Belemno Lâ chu sâ ala pang ding ah chial i hiu ah, himaleh teptena, khâmlawkna Thagau thiangtho neilo/piangthak tak taklo, mi ngaina dân dân ah Kochuam ah pang mai mai ila hikhâk chun daum talaw ding a hi. Chialte chu tam tak himaleu, têlte chu tawmcha hi ding ahiu (Mathai 22:14). Ziaziak chun kichênnna puan sil/lunggil ah teptena, khâmlawkna Thagau thiangtho neichu a pawimaw takzet a hi.

Ahi'n, Pathian Thagau thingtho chu hi'lungngâi kiu in; tatna ni ding ah chun ama ah chun tepte la hi ta ngâl un. (Ephesa 4 :30).

# BIBLE HILCHIAN DING DAN

(Exegetical Method)

*Rev. Summinlian Vaiphei  
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Introduction: Bible hilchianna ding in a bu sungthu [Text] leh a hung kipatna mun [context] hiatchian a pawimaw hi. Ahinla a pawimaw pen chu Bible hilchianna ding ah i kingakna ding ah i Bible mat kha, Kochuam ten a pawm ahi ngei ding a hi. Bible hi Hebrai leh Greek pau ah zik ahia, paubul lam thiamte'n zia hi kingakna'n a mang mai u'i. English Bible mangthiam ten, English Bible kingakna takte a mangthei tho u'i. Eipau ah le Bible Society in a hiatpi ah Bible translation kibawlte hi matthei a hi. A nuai ah hung kitaklangte bep hi Bible hilchian dan umsun a hi pua, hilchian dan tangpi hung kitaklang a hi zawi.

## 1. Bible Chang/Thulawm hilchian ding dan:

Bible hilchianna ding in thulawm feltak teldaw a pawimaw hi. Bible study leh sermon ah mat ding ah hilchianna matding in thulawm feltak teldaw a pawimaw hi. A sau leh a chawm lam sâng in a pawimaw zaw chu Bible chang hilchian ding i teldaw khan umzia mumal a nei a pawimaw hi. [Eg. Genesis 12: 1-3; Marka 1:14-15]

## 2. Bible ziktu zik hun leh a zikna ziak suichianna:

Bible thu chu a ziktu'n a zik hun leh a zikna ziak suichian thei a hi chun, a hilchianna lam inle nasa tak in a panpi thei hi. Ziate haw hi a bawn ah hiatkim vekt hei a hi ta puai. Etsakna ding in Mosi lekhabu panga a ti sek uh [Genesis – Deuteronomy] te haw hile Mosi zik vek hilo ding ah ginchakna lianpi a um hi. Zia gual ma chun Hebraite

lekhathawt ziaktu hile, Greek Church Father Origen chun, “Pathian bep in a hiai” ti bak kuama’n a genchian thei puau a ti a hi.

Bible hi hun chuam chuam leh mun chuam chuam ah zik ahia, a mangtute’n hun sawttak a kipiaksawn nung ua, Bible ah pawm a hi bep ziak in, a zik hunte, a zik sim masatute hiatchian thei tâklo tamtak a um ta a hi. Zia chu a hi zing lai in, a thei chan chan ah, a ziktu, a zik hun leh a zik sim masate chungchang hiatthei chan hiat a pawimaw hi. Zia thilte hi a busung thu tawh kizawpmat vek a hi ziak in, Bible sunghu hilchianna’n a phachuam ma ma hi.

### **3. Ahunlai khawvel zilchianna:**

Bible thu hilchianna ding in a hunlai khawvel leh a kai nawi [historical context] hiatkhawm a ngai hi. Zia hin, Bible hung piandawna khawvel ah mite hindan, khawsak dan, nek leh dawn hawl dan, sum hawl dan, a gam uh kivaipuak dan, khawvel a thîl dan uh [world view], a thil ngaisan zawng

uh [value system] pilna leh sakhwlam thil a huam vek hi. Himaleh, Bible thu i hilchian guat dan dungzui in thil sui dan zatchuam chuam a um thei hi. Etsakna ding in, Paul lekhathawt suina ding in, Paul lekhathawt zikna boruak leh a hunlai khawvel zilchian ngai ding a hi. Chanchinphate hilchianna ding in, Lal Jesu hunlai khawvel dinmun sui a pawimaw ban ah Chanchinpha bu zik hunlai khawvel sui khawm ngai ding a hi.

### **4. Thuzik umzia zilchianna:**

Bible thulawm teldaw kha bang gual thuzik a h’em ti hiatchian hi Bible hilchianna ding ah thil pawimaw tak a hi. Bible ah thuzikte hi a tangpi in ziagual ahin a hiatkhen thei hi. Chanchin zikna [Historical narratives], pilna leh Lâ lam thu [wisdom & poetry], Zawlneite thupuan [prophecies], Thupuan [apocalyptic literature], Tekhinthu [parables], Tekhinthil [allegories] leh Lekhathawt [epistles].

Thuzik chiadan a kibatlo gual

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in a hilchian dan le kibanglo a hi. Tekhinthu leh tekhinthil hilchian dan le kibanglo a hi. Tekhinthu in thiltup pakhat kichiantak a nei a [Eg. Chapa taimang pa tekhinthu ahin, a upa chanchin leh thildang sui vak sang in, a gennawp pen chu, "Pathian hepina thu" ngai pawimaw pen ding a hi. Tekhinthil [allegory] ah Buchi tekhinna ahin vang umzia tam tak a keng thei hi.

### 5. A ziktu lunghim ngaituana zilchianna:

Bible thu ziktute hin tup kichiantak nei in a zik chiat u'i. A thil tuak uleh amau hunlai boruak zil in a thuzik dan uh le a kibang puai. Zia ziak chun Bible hilchianna ding ah a ziltu lunggel/ngaituana zilchian chu thil pawimaw tak a hi. Etsakna din:- Israelte chanchin zikna lekhabu thumun Chronicles leh Lalte Lekhabu ziktute thil chiapi dan kibanglo tam tak a um hi. Chun, Chanchinpha ziktute'n le Lal Jesu hindan leh a thilbawl a taklat dan uh a kibang chiat puai, zia hin Bible ziktute ngaituana a kibang

puai ti a kichian ma ma hi. Bible ziktute lunghim ngaituana a theichan ah zilchianna hin, a sungthu hilchianna, nasa tak in ei panpi thei hi.

### 6. Tuhun â ding ah a thucha hawldawk:

Bible hilchianna in a tup pen chu, Bible thu umzia diktak suichianna (exegesis) kha a hi. Hilchianna diktak chun, miten Bible thu umzia a la hiatchianlote leh ala hiat diktawklete kha a hung hiatchian khawlaw ding uh a hi. Hiat ding ah pha chu:- Bible thudik hiatchianna tawh kizawp thil pakhat chu, amau hunlai ah thucha kha tuhun a ding ah a pawimawna [relevance/significance for today] zildaw hi a hi.

Bible hi Pathian thuhing leh thil bawl thei, bangtik lai hun a ding ah le thu mantam leh pawimaw zing ahi ziak in, a simtu zosia a ding ah phachuam leh phachuam zing a hi. Zia ziak chun, Bible hilchianna chun a simtu zosiate hinna ding ah Pathian thucha pawimaw a hiatsak ding a hi.

Bible hilchianna chun gingtute chu:-

- i) Pathian thutak a zilsak in a kawkmu ding a hi.
- ii) Pathian hina leh a mizia, Lal Jesu Khrista hukdamna nasep lopi a hiatchiansak ding a hi.
- iii) Gingtu chanpi leh midangte leh thilsiam dangte tawh kichamna leh phatak cha khawsakkhawm dan a kawkmu ding a hi.
- iv) Sual nasep ziak ah khawvel in siatlam a manaw zing leh diklona chuam chuamte hi Pathian thudik leh Thagau Thiangtho thilhitheina zâl ah hangsan tak ah maitua ah siamphat ah, thudik tungding kit ding in a tilkho in a panpi ding a hi.
- v) Hun nunung ah lopi tak ah Lal Jesu a hungkit phatleh lei thak leh vân thak mu ding ah kinepna nei zing kawm in, zia khawvel ah Pathian gam keklian zêl ding leh tawmngai tak ah Pathian dawigual ah hinkhua mang ding ah tilkho zêl ding in.

## 7. Bible hilchianna ah pilvanna dingte:

Bible hilchianna ahin pilvanna ding tam tak a um hi, pilvanna ding ah pawimaw khenhatte chu ziate hi a hi.

- i) Bible hi Pathian thuhing leh thil bawlthei ahi ziak in zâ tak ah zil ding a hi. Pauchapna leh Thagau Thiangtho puihuaina nuai ah Bible hilchianna bawl ding a hi.
- ii) Bible hilchianna ding ahin Bible pawmtâkte bep leh thuzik pawmtâkte bep mat ding a hi.
- iii) Pathian in pilna leh hiatna a piak mang ah Bible ala zilte'n, hun chiata ah Bible thu pilvang tak ah a la hilchian dan deu zilchian ding a hi.
- iv) Bible hilchianna ah thu haksa leh pawimaw bîk hilchian ngai a um phatleh Bible zilna lam ah mithiamte dawt sek ding a hi.
- v) Bible hi Kochuam thugin tawh zilkhawm ah hilchian sek ding a hi.
- vi) Bible hi kumtuang Pathian thu a hi zing lai in. Bible- ah

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bu tinte hin thucha ngai pawimaw diak leh a sim masatute a ding ah thucha pawimaw ken a nei hi ti hiat ding a hi.

vii) Bible ziktute leh, hun hung chia zel ah Bible thucha ngaithate hi dinmun, lungthim put mang leh mizia kibanglo tak tak, a hun, a mun leh boruak chuam chuam in a tuamvel kâl ah um ihiu a. Ziate hin Bible zikdan leh a hilchian dan hi nasa tak in a kaihuai thei hi ti he zing pum in Bible hi hilchian sek ding a hi.

viii) Bible thute hi zikdan zatchuam chuam ah zik a hi ziak in a hilchian dan le a zikdan tawh kituak ah hilchianna le chiapi ding a hi. [Eg. Bible kizik dan:- (1) Chanchin zikna (2) Pilna thu

leh Lâ lam chi (3) Zawlneite thupuan leh a dang dang].

ix) Bible hilchianna ahin, a hilchiantu dawidan dan ah hilchianna [eisegesis] lak ah pivan ma ma ding a hi.

x) Bible ah thu zosiate hi Lal Jesu Khrista ah Pathian hukdamna nasep lungthim ah nei zing pum ah hilchian ding a hi.

**Conclusion:** Bible hilchian dan ah pivânlo ziak in doctrine thu ah le kinialna a tam ma ma ta, zia chu a hi ziak in Bible hi eima mimai ngaidan ah hilchianna bawl zianglo ah, pau he tamte vang in Bible Commentary pawmtâkte tawh kithua ah hilchian ding, pau dang sim thiamlo te'kle Bible lam ah thiamna neite dawt ham guat ding a hi.

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*“La thagaumitna leh thagaumitlona chu midang thi phalo bawl ah pat tê a hilona ding in chingthei in”*

~MARTIN LUTHER

# HINKHUA HI DIK THEILO AH LA GÊL CHÂNG A UM SEK EM?

*Rev. Ph. Thianneilal Vaiphei*

Hinkhua hi bangma gêlsunglut beklo ah tia hih i pawngpawmat mai mai ziang leh chu bangma hile a kihepua, lunggil tak ah i vak gêl thûkdeu leh chu ‘Hinkhua hi makdeu tak chu a hi.’ Sam 73-na hi ka sim phatleh Asaph lunggêl leh a thiltuakte hi ka hinkhua tawh kituakna tampi um in kahiasek a, hinkhua hi ‘fair lo’ kasakna um in ka ngaitua vawng vawng sek hi. Malai ah Pathian in mite gitlona a pet pet ah kangmei, huipi leh lei khikek ah a sukmang ziang lai hun kha hi zing mai leh ei le, mi le, gitlona nei i hi chun sukmangthai kih zel intin khawvel hi midik leh mifel ngen ki-um intin, a nawp ding dan hih gen leh gêl ahin a tawp thei hilhial sek puai.

Tuhin chu i election dan teu, service i kilak dan teu, khawlai ah i kilungthim bawl dan teu, i office lungthimte'u leh i business lunggêl dan teu hi chu aw! Mi tam tak hih sawtlaipek ah sukmang, hal-mang leh hui ah mutmang ding ah kilawm hi Pathian jangaina ziak liau liau ah kihing, Pathian hepina hedawk thei diaklo, siazel, siazawmzel, sia tak tak ta, lau ah lau um ziang hita bangzat hem le um dawk hial ta a hi. Zi-

ate chula aw! A hamphat dan uh leh a khutmui dan uh hi. A gilote leh mi huhamte bep vangphatna khawvel bang ziang hi ta. Mi a ding gel gel chu kiasuk deu deu ziang, mipha chu tamaw deu deu mai, bang ziak? Mi ding gel leh mipha a tam tâklo ziakin ziate chu mingawl ah kingai kit, takmawna ah a nei kit uh a hi tai. Khawitak hem khat ah mi zuautheplo chu lawtinha ding um talo gual ah um ziang hi ta hih a buai um tai.

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Sam ziktu in a gen gual ah mi nunsiate vangphat dan, a damthei dan, a taksa'u hisêl dan, melhawi dan uh, buaina a neilo dan uh, a kiletsak dan uh, a hinkhuau nawp dan leh a ti dan dan ua a umthei dan teu mu hin lungthim nat chu a um ma ma ziang sek hi. A chang chun Lalpa la HINKHUA siam hi a fair pua taluai; tia kikozak ziang hile nawp a um ziang sek hi. Ziagual lungthim hi mi zosia lungthim ah um chiat ding in ka gingchai. Khenkhat chun mi lak ah kilat hawilo khak ding lau in, i phationateu i selgù a, kipak zing hileh kilawm takin um i guau a, maleh ziagual chu mihing hindan ding ah chungmangpa lemguat dan a hi puai.

A chang leh “Lalpa, vangsiatna leh vangphatnate hi nangma siamvek a hi em? Ziagual ah um ding ahin lei dawi em? tia thil dang le gen theilo ah i pauchapna thudang sâm theilo ah i um chang le a um sek hi. Thil dang dang le, bang bang hem i vak dawn sekua, ei dawnhu kal i ngakla ma ma seku'i. Ama chulah i gêl gualun a

kikinnaw hial pua; i mamaw dan leh a dawnhuna hi chu a kituak theipaw ma ma ziang sek hi.

Hinkhua hi eimatawk ah uluk ma ma in i kihia sek a; bawl hawi ma ma ah i kingai châng a tam sek hi. Pathian hinle maljawlna eipia zung zung ding ah i gel châng hile a um sek hi. I tû sang ah ât tawmzaw, i bawl phat sang ah maljawlna dawng tawm zaw hi ah i kigêl châng hin ‘a fair lo’ ma ma ah i ngai châng a tam sek hi. Fair lo tak ah vahawm chu Pathian lunglam a hi vak ti di chulah kingam manglo in, a haksə sek hi, HUI HAH!

Cambridge University ah Ph.D zilzo, Thuthung Thak mithiam, DA Carson in “How long, O Lord?” ti lekhabu a zik a. Zia chu ei pau ah “Bangtik chan hiding a h'em, Aw Lalpa?” tina a hi. Zia lekhabu hi Thawkna leh gitlo chungchang zilchianna a hi. Zia lekhabu ah hin mihingte thawkgimna chi chuam chuam leh gitlona chi chuam chuam genlat leh hilchian a hi.

Vangphatna leh limna i tuak châng in ‘hinkhua hi a fair puai’ kuama’n a ti ngai puai. Himaleh dinmun haksa, i umna leh i chiana taphawt chu bing leh lungawpkaina ngen hi ah i hiat lai leh i dinmun kibang ah i kawi midangte sang ah niam zaw leh nuainung zaw ah i kihiat chângte, i genthei leh musit ah um ah i kihiat chângte, chuleh natna leh beidawnna khûkthûk tak ah i lut chângte hin, “Hinkhua hi a fair puai’ ti mai hi a bailam ma ma sek hi.

Ziagual dinmun haksa tak hi hinkhua ah a la pal khalo hi i um ding uh kagingcha puai; ziagual lawm chu katuak kha puai tite chun zuau a gen uh a h’em, ahiloleh ziagual dinmun chu tung nailo le himai ding in kangai hi. Jesu’n thepna ah la lutlona ding un pauchap un a ti gual in, ziagual dinmun haksa chu ka unau chanpi ten la tuaklo uh a hi chun, la vangpha ma mai, pauchap zing in. Pathian kiang ah kipakthu hial le gen in.

Tuni ka gennawp pen chu thil zosia hin ‘a bul leh a

tawp’ a nei hi ti hi taksang in. Hinkhua hi a fair puai tina lungthim nei ah genthei leh beidawng ngawi ngawi ah la um lai ahin la hinkhua chu siavek ta, kinepna um talo; Pathian in le taisan ta gual ah ngaina nei khân la, Danial leh a lawite kha tummeipi sung bep eive Pathian thagau in a umpi ah a venbitna kha! Beidawng leh lungngai ah panpi ding dang a neilo hun ua paklâ a sak phat ua Lalpa thagau in a umpi sawlchak Paul leh Sila kha ngaitua in.

Beidawn lai leh vangsiat laitak hin Lalpa Pathian chu i kiang un a nai diak hi. La hetthiamlo ziak zawk a hi. Pathian in a hun panpitu ding leh a thamuantu ding mi a hun sawl zel a, la lam ah pang dingte, la mi leh sa ding a hun guanggal piak sek hi. Dan leh hetthiam gualo in vangxia leh beidawng kisa talua’n la taksa chung in thilsual bawl in kitha a h’em, zu dawn a h’em, drugs ah kisuklungawi ding a h’em, taksa suksiat di hem gua khan la. Zia chu themtu Satan matchak a hi ti hia’n la khâ pet inla, beidawnna chung ah

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Pathian hepina chu mudawk  
leh hetdaw gua zaw'n.

Hinkhua hi a lum (round)  
a hia, hung kipeikual zêl  
in haksatna bep hi hilo  
ahia; hindan chikim hung  
kipeikual ding a hi. I hinkhua  
ahin sümjing zing puan tin;  
lungngai beidawnna chule  
châm zing thei diak biklo ding  
a hi. Limna kawlni chu hung  
suak pai ding a hi ti pawm  
inla, kipâk dan kizil zaw tan.  
'Lalngai lo, Lal a nai' tile um a  
hi. Zia chu bang tina a h'em?  
Mihing khat chun genthei  
zing ding ah kigelna, genthei  
umdan, beidawngte um  
dan ah um zing, mi panpina  
dawngtu hi zing ding, a piatu  
leh a thamuantu ah pan ding  
tite hephalo ah hinkhua mawl  
tak ah mangte chu Hausatzia  
thiamlo, mi chip, khankhua  
neilo leh nachâng helo mi  
hausa tina a hi.

Ziagual um thei bep hilo  
in, la gentheina hi a hung  
tawp chet leh hausatna leh  
kipakna, vangphatna chu  
hung kipeilut ding a hia, la  
kisan thiamlo leh hung nusia  
kit intin gentheina ma ma chu  
la kiang ah hung kipeilut kit  
ding a hi. Zia ziak chun thil

zosia hin hun a nei a, zia hun  
bik chi chuam chuamte chu a  
tuak dan leh umkhawm dan  
kizilthiam a ngai ma ma hi.

Thawkna leh gimna i tuakte  
hi a ziak um chit chet a hi. I  
hinkhuau ah Pathian thiltup  
hiakeilo ah Pathian dem  
ziang chu kisikna namênlo ei  
neisaktu a hi zel sek a hi.

Ziagual hinkhua haksa tak,  
la gel taphawt bing, la chiana  
taphawt haksa, beidawnna  
guam ah kialut ah la kigêl  
chun kichawldam inla, vak  
ngaitua thak tia. Vaihawmna  
fair lo tak leh vangsiatna ngen  
tuak ding ahin Hepitu Pathian  
hin hinkhua hi a guan hiding  
in la gingcha em? Bang ziak  
ah thawkna hi a guatsek a  
h'em? Nu leh pate'n bang ziak  
ah a chate chu a jep sek uh a  
hi diam? Bang ding ah nawp  
tak ah um saklo ah gim tak  
ah lekha ei zilsak sek uh a hi  
em? Zia thute hi ngaitua inla,  
la hetthiam phatleh la mobile  
phone ah lâhawi tak tak chu  
play inla Pathian chawihawiah  
aw sua in Pathian chawihawi  
in. Chutileh beidawnna leh  
gentheina hi nang â bik a  
hipua, kineisak ding a hilozia  
hedawk tan la.

# MELMA LEH A ZAW THEINA

(1Kor 15:26, Johan 11:25)

*Upa D. Siaklam  
Imphal*

**K**hawvel gam i thîl chun Pathian in a siam chungleng vachate ka um ah, nuai ah vakthaw ganhingte a um ah, gamsa chitinte le a um ah, Pathian in ama melpu a siam mihingte i um ua, Vaihawmna ah um dingin kivaipuakna gam chuam chuam a um ah, ziate haw sung ahin a kilang zing thei chu MELMA hi a hi.

Chungleng vachate lak in, a neute a ding in a liante chu amau thatthei leh suse thei, melma ahiu ah, gamsate lak inle a neu a ding in a liante chu amau thatthei leh a an ding ua a pan sek ziakin, gamsa a neute a ding in a liante chu a melmau a hi.

Khawvel gamlian ah vaihawmtute'n, gam neuzaw deute chu amau khut nuai ah um ding in a do ua, a gam sung uh lakpiak gua in, suksiat thei zosia susia in mihing hinna tiang le susia in, gamneu deute chu a dosek u'i, tuhun ziang ahin le Khawvel ah a tung zing a hi dan chanchinbu ahin muthei zing in a um hi.

Khawvel ah gam neu deute a ding in, gam lian deute chu a MELMAU a hi zing sek u'i.

Ziagual chu a hi zinglai in Gingtu ei uh Khristiante a ding in le MELMA i nei zing uh a hi. Zia melma chu SETAN hi a hi.

SETAN ah pat i melmau hung kilangdawk sekte chu -Ephesa 6:12 ah i mu gual in eimau hi taksa leh thisan ah melma tawh kibuan i hi puau ah.

- 1) Lalna/Lalnawpna te
- 2) Thunei nawpnate
- 3) Vaihawm nawpnate. Ziate hi a hi zaw sek a hi.

Pathian in a Kochuamte hi, kihepitua ah, malam sawn ding leh Khanglian zêl ding

## HINNA VÂK

ah ei dawi zing lai in MELMA Setan in Pathian Kochuam sung a hun chawk sek ah, setan nasepna a hi ti gêl phalo in, alianpen ah um nawpnate, thuneipen ah um nawpnate leh vaihawmdan a thiampen kahi kitinate ahin setan in a nuai sek/a chawk sek a hi. Ahinla Lalpa Jesu chun, kua le alianpen a hi nawp chun, kingainiam tak in, a neupen ah a um ding a hi a ti ngal ah, melma zawna ding a chun kingaitawm tak ah a neupen ah um ding hi a hi.

### **SETAN ziak ah melma nunung. (1Kor 15:26)**

Setan ziak ah melma nunungpen chu taksa thina hi a hi. Zia taksa thina hi tuni tiang in kuama a dâl thei umlo a hizing lai in, Khawvel ah cheng mihingte i khawsak dan a kibang pua khenkhatte chu genthei tak leh dinmun niam tak ah hinkhua mat a hi lai in, ei siamtu Pathian le gêl phalo ah um, lawtinna, hausakna, chang ah hinkhua mang tamtak le a ki-um ah, himaleh mizosia'n khatvei chu thina a tuak vek ding uh a hi

ngal ah, i Bible Thup 3:17 a chun ka hausa hen, nei leh lam ah ka pung hen, bangma ka tasam puai, lati'n, himaleh nang michaga, lungsiat um leh migenthei, mitthum leh ngawnchang la hidan la kihiatlo ziak in, ti i mu a hi, zia ziak chun a chawlna lutna thutiam ah umzing ngal ah, a tinglo ah thina'n a tunkhum khak ding thil lau um tak a hi.

### **Zawna/Vangphatna**

Lalpa Jesu'n ei gingcha taphawt chu thi maleule hingzing in au (John 11:25). Chuleh Matt 10:28 ah taksa bep that thei, thagau that theilo chu lau kiu inla, taksa leh thagau susia thei ah gawtmun ah kawithei nalai chu lau zazu in, ti i mu a hi. Zia ziak chu'n i Lalpa Jesu'n titakzet in kahil lahiu kuanle kathu a zui chun thi tapua'n a ei ti a hi (John 8:51).

### **Hiatsakna 1John 5:11-12**

Pathian in kumtuang hinna eipia ta, zia hinna chu a chapa Jesu Khrista ah um a hi. Kuale chapa (Jesu Khrista) nei taphawt chun hinna a nei un,

Pathian chapa neilo taphawt chun kumtuang hinna a nei puau hi.

Ziaziak chun melma Setan ziak ah, a tawpna, a nunungpen chu taksa thina, hiziang maleh Pathian in a chapa Jesu Khrista zâl in

gingtute (Piangthak) a ding in Melma zawna chu ei peta a hi. Taksa leh thagau susethei ah gawtmun ah kawithei, Pathian Lal Jesu i nei ziak un, Pathian chu lopina leh chawihawina chang henla, pâk in um ta hen. Amen

---

### GARI KENG SIA

Zân khat hi college zillai pali lekha sim di dawnlo in nunnawp bawl in a pawt ua, a zing nikhua chu test ni a hi ziak in, zingkal ah chun kihotuak in a hotupa'u thêm ding in a kisa tau.

A kivanna'u chu thau nu vawm in a nin thei di pen in a kisiam ua, a hotupa'u kiang ah chu chia in tihin a va gen tau. "Hotupa zanitak ah molawpna ka chia ua leh ka hung kile lam un ka gari keng uh a sia, ka hung sawttung thaw uh leh lekha ka sim man puau" a tiu a.

Hotupa chun lunggel pum in, 'awle nithum zaw leh pia ding in kisau in' a ti tai. Kipak ma ma in kipakthu gen in a pawt kit tau.

A nithum ni chun a Hotupa'u kiang ah chun a chia ua, a hotupa'u chun 'special condition test a hi ziak in la pali ua pindan chuam chiat ah la chut ding uh a hi' a tia, nithum sung kisingsa a hi tak ziak un khawk a sa tapaua.

A test uh chun dawtna pani a um ah, a pani kigawm in mark 100 pu a hi.

Q. 1. La min bang a hi em? ... 1 mark.

Q. 2. La gari keng uh a khawipen a hi em a sia? ... 99 mark

- a) A malam changlam    b) A malam veilam
  - c) A nunglam changlam    d) A nunglam veilam
-

**NATHUM DUA**  
**(Stevia Rebaudiana)**

- Dr. C. Lalrampana.

**THUMAPUI:** Mizo in NADUA THUM ati uh a bul kipatna (generic) min chu Stevia Rebaudiana ti a hi. Sappau a chun Sweet-leaf a hem, Sugar-leaf ti le a hi bawk hi. Zia Nadua hi 'Chrysanthemum' Inkuan a kipat ah chikhat a hi.

**A UMPATNA**

Naduathum hung kipatna chu South America ahia, a chîng nasa ma ma ua, In kîm ah huan vêl leh bithalap nuai vêl ah le chin piting a bailam ma ma hi. Mizoram ah gamnuai khawitak tak vel hem ah mu ding le a um bawk a, ahinla tam tak vang a hi diak puai. Mizo tualsuak Damdawi siamtuten le a damdawi siamna lak un a hel zeuh zeuh sek u'i. (*Manipur thingtang gam inle mu ding a u hi*). USA gam ah Company chuam chuam pure via, Sun Crystals, Sweet-leaf, Truviate'n Damdawi leh nek ding siamna'n a mang nasa ma ma ua, India gam ahin IMC ten Stevia fos liquid ti in a mang bawk a hi. A Nadua tui vatkhat

mai mai hile chini thik haikhaw (tea-spoon) dimkhat sâng in le a thum zawn, ama ah thum (natural sweet) umsa mawng mawng ah Pathian in a siam a hin, a mak in a tui khawp mai hi.

**A PHATNATE**

- ***Cancer a ding ah:*** Naduathum hi cancer vei zinglaite a din a phachuam ma ma a, cancer vei ziang theina lak ah le daltu khat a hi thei bawk hi ti hiat a hi.

Kum 2012 ah zilchianna pawmtâk tak ah kipatdan in Naduathum ahin Glycoside (Stevioside) kitii hi tam tak a um ah, zia hi Breast cancer cell thâna ding ah phachuam ma ma hi ah ngai a hi. chuleh, cancer punsaktu

Mitochondria sukiam thei ah pawm a hi bawk hi.

Kum 2013 ah zilchiannau vang a chun Naduathum Glycoside hin Thisan, Chuap, Gilpi Cancer cell pung zêl thei chu a vengpha ma ma hi ti hiat a hi.

• **Zunthum a ding ah:** U.S. Food & Drug Administration (FDA) te mudaw dan a chun, Naduathum ahin low-calorie sweetener a tam in, zia hi antioxidant leh antidiabetic phatak a hi ziak in zunthum a ding ah an phatak leh insulin umsaktu phatak a hi a tiu. Zia ziak chun zunthum leh thisan sâng neite'n, nek leh dawn ah chini thasang ah a sukthumna ding ah Naduathum hi a mang sek uh a hi.

Zia haw ban ahin Protein, Calcium, Phosphorus, Sodium, Magnesium, Zinc, Vitamin C, Anti-bacterial, Antiseptic, Anti-oxidant, Anti-glycemicleh Anti-hypertensive te le a hi bawk hi.

## THUKHAKNA

Naduathum hi chini (sugar) sang ah 200-300 vel ah thumzaw a hi dan sui daw a

hi. A na/dua vak et mai ahin vang thil ginchak um tak hi in a kilang puai. Ahinla keima ngei inle IMC Stevioside liquid bukkhat 10ml bep ah a siam uh chu cancer vei theina lak a pat kivenna leh zunthum nei vang vang sek kahi ziak in ka ne sek ah, filter khawn pavakhat dawl tui thiangtho ahin Naduathum tui vatkhator mai ka hel lehle chini thik-kheneu (tea-spoon) dim ni sang ah a thumzawk dan ka hiat ngei a hi ziak in ka hun sulang a hi. Kua damdawi company in a siam uh hilehle, Naduathum (Stevia Rebaudiana) hi a hi ding dan diktak ah a hel uh chun Zunthum, Thisan sâng, Thauphalo hau, Guna nei, Cancer vei leh lungngai, chau mama sekte a din Damdawi hawi tak a hi thei sek hi. Himaleh company/brand tam tak in a bawm/kawm/chunna hawi leh mit la thei ding zawng ah kitet/ki-el a chîng ua, zia ziak a chun pilvang tak leh phatak ah en chian inla, mat tâk leh phatchuampi thei dingte bep chaw'n la, tichun phatchuampi in hisêl zaw ngei ding la hi.

## **KKP HUANG**

### **IMPHAL PASTOR BIAL**

### **KKP MUSICAL NITE**

29th July, 2022 (Friday) in Khristian Khanglai Pawl (KKP) in Musical Nite mat a hi. Zia hun ahin Imphal Pastor Bial sung ah KKP Branch paguk (6) te chia khawm a hi.

Zia a nuai ah gual ahin Programme mat a hi:

Amun : NPSS Hall

Ani : 29th July 2022

Ahun : 7:00 Pm

Host : Tv. Boris Lammuanlal

& Nk. Thianlalnei

P/co- ordinator

: Dr. Soineithang

Pantu : Dr. Nianglianhoi

Short speech

: Pro-pastor Kailianson

Guest Artist

: Nk. Mary Vaiphei

Invited Artist

: i) Tv. Kennedy Vaiphei,

LPK

ii) Nk. Helena Vaiphei,

GPC Langol

Solo : i) Pi Bawinu,

ii) Nk. Kimsawnpak,

- iii) Nk. Hoilaljem,
- iv) Tv. Thangsiammang

Special Item :

- Tv. Alex Paulemsang,
- Tv. Paulemsang,
- Tv. Lalzamin,
- Tv. Christopher,
- Nk. Nemthianching,
- Tv. Kamgolun. Etc...

Hunkhakna

- : Tv. Thangmohan,
  - Leader
- 

**DISABILITIES HOME VĒ:**

**S. Kawtlian Bial KKP** in 15th August, 2022 in S. Khomunnom, Tuibuong ah Disabilities Home vena a nei hi. Rev. K. Neihsial, Bialtu Pastor in Pathian thu genna leh Home ah umte a ding ah pauchapna a nei hi. Kipawlkhawmna hun nuam tak in mat a hi. Bial KKP inle panpina piak a hi.



August 2022

**LAMKA BIAL KKP  
MOTIVATIONAL SEMINAR**

15th August, 2022 ni in Lamka Pastor Bial KKP in motivational seminar lawting tak in a nei u'i. Resource Person in Rev. Lalpiaklian, CKKP Leader a pang hi. Hunkhakna Bialtu Pastor Rev. Vanlalchhuanga in a nei hi. Seminar programme ahin mi 70 vêl a pang thei u'i.



**D. PHAILIAN BIAL KKP CHOIR NIGHT:** 15th August, 2022 in Choir Night Jubilee Kochuam Centenary Hall mun in lawting tak in nei a hi.

Zia hun ahin Bial Lapawl leh Bial sung ah Kochuam tin apat Kochuam Lapawl cheng (Kochuam Lapawl pali) in Lâ pani chiat sâ in, Lâ pathumna ding in Lâ kibang pakhat zil chiat in, a mun ah khatvei thu in lepkhawm a hi.

Bialtu Pastor apat in, "Lapawl mangcha Pathian chawihawi a pawimaw dan" ti thupi mang in thugenna a nei

bawk hi.



**BIAL DANG VÊ: Mata Pastor Bial KKP chun S. Munnuam Pastor Bial KKP** vêna 22nd August, 2022 ni in S. Munnuam Kochuam ah a nei hi.

Zia hun ahin Biakna Kikhawp leh Fellowship in lawk tak ah programme mat a hi.

Biakna kikhawpna hin Pro. Pastor Genlemthang Suantak i/c Mata Pastor Bial in 'Thununna' ti thupi mang in thugenna a nei hi.



## **KNP HUANG**

**Panglian Pastor Bial KNP** te'n date 30th July, 2022 ni in Muallum Kochuam biak In ah leh 20th August, 2022 ni in Zezaw Kochuam Biak In ah thasin pauchapkhawmna a nei thei u'i.



**S. Munnuam Pastor Bial KNP** te'n date 30th July, 2022 ni in thasin Pauchapkhawmna Sumtukphai Kochuam Biakin ah hun nuamtak ala mang uh a hi.



**Lamka Pastor Bial KNP** te'n 6th August, 2022 ni in tukum

â ding ah a ngaveina dingin Hill Town Kochuam Biak In ah Bial Pauchapkhawmna hun nuamtak ala mang uh a hi.



**New Lamka Bial KNP** te'n 13th August, 2022 ni in Bethlehem Kochuam Biak In Ngathal ah Pauchapkhawmna ala nei u'i.



**Sugnu Pastor Bial KNP** te'n 13th August, 2022 ni'n Sokom Kochuam Biakin ah Bial Pauchapkhawmna ala mang uh a hi.



**Phaipheng Pastor Bial KNP** te'n 13th August, 2022 ni in

August 2022

Bial Pauchapkhawmna hun nuam tak leh lawk tak in ala mang u'i.



Lalhrietpui, Commt.Member, CKNP ten a nei u'i.



#### CKNP Bial fan Programme -

a) 30th July, 2022 ni in Pi Neikhovak, CKNP Ex-Chairman, Pi Thuamkim, CKNP Chairman leh Pi Vungngaihoi, Commtt. Member te'n Lamka Pastor Bial vena nei hun nuamtak leh lawktak mat a hi.



b) Kangvai Pastor Bial KNP te vethakna 6th August, 2022 ni in Pi Lamneikim, Commtt.Member, CKNP leh Pi

c) 6th August, 2022 ni in Pi Thuamkim, CKNP Chairman leh Pi Nengneithem, Commt. Member, CKNP te'n **Panglian Pastor Bial** vena a nei u'i.



d) 10th August, 2022 ni in Pi Thianneilian, Vice-Chairman, CKNP leh Pi Tingthianniang, Commt. Member, CKNP te'n **Leijangphai Pastor Bial** vena a nei u'i.



## HINNA VÂK

e) Pi Hoipakkim, Asst. Secy., CKNP, Pi Ngaimoi, Commtt. Member leh CKNP O/B te'n 14th August, 2022 ni in **Chingmei Pastor Bial** vena a nei un, taksa leh thagau ah kipawllimna hun nuam tak



leh lawktak a va mang u'i.

f) Pi Thuamkim, Chairman CKNP leh Pi Chongthianmoi te'n 20th August, 2022 ni in **K. Sharonphai Bial** vena a nei u'i.



## NOAH LAWNG A PAT ZILLAI

- » *I leng un lawng pakhat sung ah um i hiu ti hemil kin.*
- » *Kisakhawl masa sek in, Noah'n lawng a tuk lai a khan gua a zulo a hi.*
- » *La nasep la zaw masia demna leh gensiatnate limsak mai mai kin, sem zo phawt mai in.*
- » *La bitna ding in kitawnpi nei zing in.*
- » *Changanna hi lemchanna leh phatchuamna pen a hi diak puai, napkawngte kha le gialbemte tawh lawng sung in a chuang khawm tho u'i.*

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PROGRAMME FOR  
INAUGURATION OF TANGPHAI PRESBYTERIAN  
CHURCH PROVISIONAL SYNOD

**Venue : Jubilee Church, D. Phailian**

**Date : 23rd October, 2022 (Sunday)**

**Arrival : 22nd October, 2022 (Saturday)**

**6:30 Pm (Public Worship Service) October 22, 2022 (Saturday)**

A mun : Jubilee Church, D. Phailian

Puitu : Rev. C. Zoramawia, Sr. Executive Secretary,  
Mizoram Synod

Pantu : Upa AL Thanga

Thugentu : Rev. Dr. Vanlalnghaka Ralte, Synod Moderator

Lapawl : D. Phailian Pastor Bial Lapawl

**Inauguration Service on 23rd October, 2022 (Sunday at 10:30 Am)**

1. Chairman : Rev. B.B Lamin, Moderator

2. Bible Reading and Prayer : Rev. O. Kumar Singh, Meitei  
Presbyterian Singlup Church

3. Hymn : "The church's one foundation"  
( No 1 )

4. Brief History of TPC : Rev. Dr. K. Lalrinkima,  
Sr. Administrative Secretary

5. Introduction of the  
Office Bearers, members  
of different Committees and  
representatives to PCI  
Committees including  
PWF and PYF : Rev. Dr. K. Lallawmzuala,  
Secretary Sr.

## HINNA VÂK

- |  |   |
|--|---|
| 6. Affirmation of Faith                      | : Apostles' creed                                   |
| 7. Inauguration of Provisional Synod for TPC | : Rev. B.B Lamin, Moderator                         |
| 8. Choir                                     | : Tangphai Presbyterian Church<br>Provisional Synod |
| 9. Offering collection                       | : for the Provisional Synod                         |
| 10. Offertory prayer                         | : Rev. Dr. Hangpi Manlun,<br>Zou Synod              |
| 11. Inaugural message                        | : Rev. B.B Lamin, Moderator                         |
| 12. Closing hymn                             | : "For Christ and the Church"<br>( No 2)            |
| 13. Benediction                              | : Rev. Rolianthanga Lalsim,<br>Biateram Synod       |

## REFRESHMENT

### 1:30 Pm (Public Worship Service)

- |                             |   |
|-----------------------------|---|
| 1. Chairman                 | : Rev. B.B Lamin, Moderator                 |
| 2. Bible reading and prayer | : Rev. K. Pariat, KJP Synod Mihngi.         |
| 3. Hymn                     | : "Guide me O Thou great Jehovah"<br>(No 3) |
| 4. Offering collection      | : for Provisional Synod                     |
| 5. Offertory prayer         | : Rev. K.S Rynghang, Ribhoi Synod           |
| 6. Choir                    | : Manipur Synod, Zou Synod                  |
| 7. Message                  | : Rev. S.S Majaw, KJP Synod Sepngi          |
| 8. Closing Hymn             | : " To God be the glory " (No 4 )           |
| 9. Benediction              | : Rev. Laldawngiana,<br>Manipur Synod       |

## **CULTURAL PROGRAMME**

A hun : October 23, 2022 (Pathianni); Sunnung Kikhawp Pel  
A mun : RMHS Campus  
Puitu : Euniki Zamhoiting, Imphal  
Items : (1) Cultural Dance – Leilon Pastor Bial  
             (2) Cultural Dance – Mata Pastor Bial  
             (3) Cultural Dance – Chingmei Pastor Bial  
             (4) Drama – D. Phailian Pastor Bial

## **6:30 Pm (Public Worship Service)**

1. Chairman : Moderator, new Tangphai Presbyterian Church Provisional Synod
  2. Bible Reading & Prayer : Rev. Primingson Millick, KAPC
  3. Hymn : "Jesus shall reign where'er the sun" (No. 5)
  4. Choir : Tangphai Presbyterian Church Provisional Synod
  5. Message : Rev. Lalramliana Pachuau, Mizoram Synod
  6. Closing hymn : "Revive Thy work O Lord" ( No. 6)
  7. Benediction : Rev. S.T Kaia Vaiphei, Administrative Secretary
-

<b>Editor</b>	: Rev. S. Lama Vaiphei, Co-ordinator
<b>Joint Editors</b>	: Rev. P.B Zosaphara, Administrative Secretary
	: Rev. K. Jama Vaiphei
	: Rev. Th. Samuel Vaiphei
	: Upa Lalminsang
	: Upa S. Lalpi
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Hinna Vâk ah thu kisua zosia hi Editor ngaidan a hi suak puai

## Pauchapna Thupi:



1. October 23, 2022 ah Tangphai Presbyterian Church Provisional Synod hawndawna program buaina bangma umlo ah mat a hi theina ding in leh a zintuntu ding Jubilee Kochuam a ding in dawn hitiu.
2. Beigual tha a hi ta, Kochuam tin te'n thagaulam malzawlna tam-tak tawh buaina bangma umlo ah lawk tak ah i mat zaw chiat theina ding un dawn hitiu.
3. September tha sung ah Revival Programme:

Pu V.K. Thanga	Pu Kamthang
Sept. 15-18 Kawlhén	Sept. 14-18 D. Phailian Bial (Gilead)
Sept. 25 Tuiningkhal Kochuam	Sept. 20-25 Lingsiphai KSP
Sept. 26-30 Gangpimual	Sept. 26-30 Kangvai
<b>Tv. ST. Satboi</b>	<b>Tv. M. Sasang</b>
Sept. 20-23 S. Chakmual	Sept. 2-4 Sugnu Tribal
Sept. 12-18 New Lamka	Sept. 19-25 Nazareth Veng
Sept. 25-30 Chawlmunnuam	Sept. 29-Oct. 03 Haokhongching VCC