



Central Khristian Khanglai Pawl Office Bearers-te (2020-2022)



Central Kochuam Numei Pawl Puitute

7a.  
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Manipur, India



### LAL JESU'N A THAWKNA ZIAK

- Hossana!
- “Ka Pathian, ka Pathian, Bangatia Ei Nusia La hem?”
- A Thokit Tai!

## La khut ah um kha bang ahem?

Tukum â ding ah a thathumna chu i kaito kit tau a, simtu zosia Lalpa Jesu minin chibai. Kochuam Numei Pawl Kikhawmpi 12-veina chu March 5 in ni khat sung lawk tak ah mat a hi. Zia hun ahin “*La khut ah um kha bang ahem*” ti thupi Rev. R. Lalmingsanga, Administrative Secretary in ngainawp um takin a gen hi.

Mosi khut ah um kha a thupi pua, mawl mai a hi. Maleh zia mawl mangcha a khan Lalpan thil lopi tak tak a bawl a hi kha. Aigupta gam ah thilmak sawm hial a bawl nungin, tuipi san a khendan sak ah, thalek ah khan tui umlona mun ah tuithiang sutdawna in mat ahia, nek leh chak ding umlona mun ah bu leh sa me saktu kha a hi kit ah, Israel mipi nuai tamtak te kha zia belampu mawl simmaw um tak khan a kaihuai a hi.

I khut ah um hi i et chun simmaw um tak a hi. Maleh zia mawl sang ah pawimaw zaw chu a namattu ding Pathian thilhitheina kha et zawk ding chu a hi. Zia Pathian kha tuni tiang ah a nâ i sep uh Pathian chu a hi zing nalai hi. Zia hi hia’n kikaihal thak kit hitiu in, Lalpa Jesu chawihawina leh lungngaina hapta i mat lai unle kochuam midangte â ding ah malsawmna tuntu hi thei dingin, i khut ua um thil neucha kha Pathian matchak dingin lândawk thak hitiu.

Rev. S. Lama Vaiphei  
Editor



## KOCHUAM HUANG

### **Kikhawmpi chuam chuam**

January 22-24, 2021 sung ah khan Pastor Bial tin ah Khristian Khanglai Pawl (KKP) Conference chu phatak ah matzaw chiat thei ah hiat a hia, kipak a um ma ma hi.

February 12-14, 2021 sung ah khan Pastor Bial tin ah Kochuam Numei Pawl (KNP) kikhawmpi chu phatak ah matzaw chiat thei ah hiat ahia, kipak a um ma ma hi.

March 5, 2021 ah khan Central Kochuam Numei Pawl Vaihawm Kikhawp chu nei zaw a hi tai. Tukum hi Kikhawmpi Lian mat ding kum himaleh, Covid 19 ziakin khawpi sung lam ah khawmpi lian mat lemchanglo ding ah hiat a hi ziakin Vaihawm kikhawp ah mat ahia, lim tak ah mat zaw a hi tai.

### **Finance Campaign**

Guanggal sa gualin Manipur Area Finance Campaign Phase 1na chu

lawting tak ah mat zaw a hi tai. Tanggam Presbytery leh Phaipi Presbytery huap sung ah a gamla deu te chu Phase I a hi zaw a hi. Bial dangte â ding hi Phase II leh III ah hung kiguanggal kit ding a hi.

### **Kochuam sung thuthak**

**Office tual zawl Black topping:** Area Office tual zawl hi sum tamtak sengin black topping bawl ahia, zaw fel a hi tai. Kochuamte â dingin le kipak um tak a hi ngei ginchak a um hi.

**Biak In mun:** S. Munnuam Pastor Bial ah Zion Branch Church te kikhawpna dingin Biak In mun kidaitawk tak ding chawk daw thei ahia, kipak a um ma ma hi. T. Munjang Kochuam chun Office lam apat panpina ngailo in khua haus ten Biak In mun ding kilawm leh lian tawk tak a piakdaw thei ding thu uh dawn a hi kit bawk hi. Ziagual hi Kochuam chiadan ah duthusam um tak chu a hi. Ziate khel ahin Kangvai Pastor Bial huap sung ah Torbung kochuam Biak In kiang tak ahin, tunung ah

## Hinna Vâk

kochuam a hung khan zel a hi chun Pastor Quarters sak theina ding ti in mun kidai ding chawkdaw a hi kit ta bawk hi.

### ***Kochuam kibelap:***

S. Kawtlian Pastor Bial sung ah T. Khawvaiphei Local Church te chu S. Kawtlian kochuam ah a hung kipelut tau ti thu dawn a hi. Amau hi sungkuan 12 vel ding a hui a, member zosia 72 a hui.

### **Manipur Area Committee**

Hun sawt tak Manipur Area Committee nei thei talo ah i um nung un Synod lawi upate lemsakpina dungzuiin Mizoram leh Manipur gamgi NE Khawdungsei ah March 20, 2021 ahin nei ding ah guanggal a hi.

### **Hinna Vâk Editorial Board**

Hinna Vâk Editorial Board chu February 11, 2021 a khan meeting nei ahia, mithiam guaiin cover design le siamthak ding, a quality le suksân ding ah guanggal a hi. Chuleh Pathian gam thawlawm report hi sua a phat leh phatlon a genkhawm bawk ahia, a pawimaw tiang chu hung kisua zel ding a hi.

## **REVIVAL NASEPNA**

January 2-10 sung ah khan Sinjang Kochuam in Bethel Team, Pu Kamthang leh a team te kithua in Camp-cum-Crusade lawk takin a mang thei u'i.

January 7-11 sung ah khan Tuilileibul Kochuam in Jericho Team, Tv. M. Sasang leh a team te kithua in Khanglai Camp lawk takin a mang thei u'i.

February 17-22 sung ah khan P. Thianzawl Kochuam in Rev. S. Lama Vaiphei, Co-Ordinator leh Evan. VK. Thanga te kithua in Nupi Camp lawk takin a mang thei u'i.

February 23-27 sung ah khan S. Munnuam Pastor Bial ah Canal Veng kochuam Biak In ah Khanglai Camp Evan. V.K. Thanga leh Evan. Kamthang te makaina in mat ahia, Pathian thagau puihuaina tawh lawk tak ah mat zaw a hi.

March leh April tha sung ah dingin Office lam apatin Revival programme a nuai ah gual ahin siam a hi:

March 2021

**MARCH 25-28, 2021**

*Phailianbung Pastor Bial:*

Phailianbung Kochuam - Bethel Team  
Vawkbual Kochuam - Hermon Team

*Kawlhen Pastor Bial:*

Naupanglon Kochuam - Jeriko Team

**MARCH 29 - APRIL 1, 2021**

*Phailianbung Pastor Bial:*

Thiakbung Kochuam - Bethel Team  
B. Munpi Kochuam - Hermon Team

**APRIL 2-4, 2021**

*Phailianbung Pastor Bial:*

Umtal Kochuam - Hermon Team

*Leijangphai Pastor Bial:*

L. Lailong Kochuam - Jeriko Team

*D. Khawzim Pastor Bial:*

Sainolian Kochuam - Bethel Team

**Revival Team & Speaker-te:**

Bethel Team Speaker - Pu Kamzathang  
Hermon Team Speaker - Tv. ST Satboi  
Jeriko Team Speaker - Tv. M. Sasang

**LEKHABU THAK**

Kochuam Upa examna ah pang dingte panpitu lekhabu pha tak, **Upa Exam Kaihuaina**, Pro. Pastor Lallunglian in a guanggal chu sutdaw a hi ta, a man tawm thei ding pen in A/S Office in a hung sutdaw piak a, a mamaw leh a dawite'n chawk thei dingin a um hi. A man `10.

## Hiŋŋa Vâk

### APRIL 2021 - FEBRUARY 2021 SUNGAH MANIPUR AREA KOCHUAMTE PATHIAN GAM THAWLAWM (PGT) REPORT:

S/ No.	Bial Min	DZK zat	PGT zat	Per DZK
1	D. Phailian .....	1,097 .....	69,32,987 .....	6,319
2	Mata .....	1,437 .....	40,91,871 .....	2,847
3	Panglian .....	463 .....	11,04,005 .....	2,384
4	New Lamka .....	1,086 .....	59,06,341 .....	5,438
5	S. Munnuam .....	538 .....	3,10,515 .....	577
6	Lamka .....	1,018 .....	74,33,616 .....	7,302
7	Kangvai .....	945 .....	39,00,434 .....	4,127
8	S. Kawtlian .....	523 .....	26,58,042 .....	5,082
9	Sugnu .....	889 .....	32,95,369 .....	3,706
10	Dumlial .....	281 .....	7,71,739 .....	2,746
11	Chingmei .....	58 .....	97,600 .....	1,682
12	Munpi .....	697 .....	10,41,291 .....	1,493
13	Phaipheng .....	247 .....	3,73,785 .....	1,513
14	Leijangphai .....	506 .....	6,10,317 .....	1,206
15	D. Khawzim .....	331 .....	3,70,056 .....	1,117
16	Phailianbung .....	367 .....	2,58,254 .....	703
17	Kawlhen .....	178 .....	4,34,632 .....	2,441
18	Imphal .....	684 .....	91,02,920 .....	13,308
19	Sharonphai .....	304 .....	8,32,913 .....	2,739
20	Leilon .....	397 .....	12,37,580 .....	3,117
21	B. Phainuam .....	158 .....	3,91,070 .....	2,475
22	Jiribam .....	104 .....	3,25,244 .....	3,127
23	Tungkyaw .....	199 .....	2,15,800 .....	1,084
24	Nanphalong .....	102 .....	1,56,300 .....	1,532
25	Kalaymyo .....	53 .....	43,400 .....	818
26	Delhi.....	86 .....	12,18,241 .....	14,165
27	Guwahati.....	62 .....	9,25,133 .....	14,921
28	CKNP .....	- .....	24,000 .....	-
	<b>Grand Total</b>	<b>12,810</b>	<b>5,40,63,455</b>	<b>1,07,969</b>



# HOSSANA!

*Pastor K. Jama Vaiphei  
i/c Lamka Pastor Bial*

*“A malam ah chiate leh a nunglam ah hungte chu a kiko  
ua: David Chapa kianga Hossana! Lalpa min a hung chu a  
vangpha a hi! Chungnung pen ah Hossana!” a tiu a  
- Matthai 21:9*

Kum sin leh Palm Sunday thupi tak in i mang sek ua, a diak in Lamka Khawpi sung in zingkal khawvak thian masang apat in Kochuam chuam chuam ah Sunday School naupangte haw leh awja te dul veng vung in a kiko sek u’i. Khawdang dang ah le eima’u mun chiat in i kiko ua, Palm Sunday champha i mang sek u’i.

**1. Palm Sunday genlawkna** (Zekaria 9:9): Zekariah chun B.C. 520 lam pek ah khan a la genlawk a, a tangpi i hisap lehle B.C. chu a tawm lam zuan ah i sim suk a, B.C. 520 – B.C. 1 a tawp di bang hileh A.D. 1 apat 30 vel chan di’n vak hisap tale’n kum 510 masang ah a genlawk a hi ti thei a hi. A tangpi’n 500 in la ding hi tale’n le tu ei uh kum sim hi 2021 ahia,  $2021 + 500 = 2521$  A.D. nung lam ah thiltung ding tuhin genlawk in um leh chu a gamla chiai chiai tho hi maw? Tu apat khang 6/7 a chia nung leh guitung ding bep a hi. Ziagual ah gamla chu himaleh Pathian bangkim hi

thei chun a guatlawk leh a mu lawkte chu a zawlneite mang in a la gendaw sak ah, a hun a tun phat in a guitung thei mai a hi.

## **2. Genlawkna guitung chu—**

Khawitak mun a tung? Bang hun ah tung? A guitun sak tu kua kua pang? Ei mimawlte chun Matthai 1:1-17 sungah Jesu piandan phunggui kizik hi a ngaina i he pua’u a. Ahin, mithiam historian te chun Jesu hi a kiphuak kawm hilo in, “Hun khat lai ah, zia khawvel a hi ‘hun’ leh ‘mun’ (time and space) a la lua ngei a, zia khawvel ahin a la khawsa kha ngai ngei hi ti hetna a hi’n, a kiphuak kawm ei pua’i ti a sudik hi a ti khawlaw zel u’i.

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Ziaziak chun Jesu chawihawi ah a umna hi, Olive tang dung – Jericho leh Jerusalem kikâl, sualam kâi ah – Bethany leh Bethphage haw malamna ding lampi dung a hi. Jehosaphat phaijang ah kumsuk a, Kidron lui apat Jerusalem a kitungto a hi a kitii. A nungzuite pani a ma-ang ua khua sabiltung nucha'n va kai dingah a sawlna kha Bethany khua a hi. Sabiltung kha a no i ti sek vang ua chu a sên hi ding a ngailo ding a hi. A chaltuai ahiloleh a lâ, sang nei vang vang ahem khat hi ding a hi. Mi khat paw zo thei ding tiangah hât a hi tai tina a hi.

### 3. Jesu Pathianna kilatna –

“La ma'u ah khua sawn va chiau inla...” (Matthai 21:2) Bible chun Bethphage khua a phak lai tak ua a ban ua khua Bethany khua va chia leu sabiltung nuchan va mu ding; a va phel ding uh, a neite'n bangtia la sût uh ahem tia a dawt ua leh, “Lalpa'n a dawina a um ah a hi la ti diu a hi” ti in a vaithak hi. Ei uh gualah “Pu sabiltung hi, a henna sût/phel ingka tin uh, kai ingkau aw, ka hotupa'u/Jesu'n ei sawl hi” ti a gen masak chu umlo dan a hi. A

thil suak dungzui ah a ngaitua ziang dan uh a hi. A gen sa gual in a va mu'u a, a hun phal tho hi. Zia thil umdan apat hin Jesu hi mihing leh Pathian hina nei kawp (*two personalities in one body*) a hina a suchian ma ma'i.

Jesu chu Hossana! ti ah chawihawi in a um a – “tuhin hukdam in” tina a hi. Zia chu Hebrai pau a hi. Greek, Latin leh Aramaic paute in kithuai thim thim in a um chiat a. Zia ni mipi kikote hi chu hangsan tak a hui – Jesu kha Messiah hung ding chu a hi ti a ginchak ziak un, Rom sorkar nuai apat hin tuhin ei hukdawk in a ti gingcha tak pum ah kiko hi'n au ti ginchak a hi. Ahinla, zia hun ah khan amau ginchak gual in mu thei government Rom apat khan hukdamtu a hi tapua, mu theilo government Setan sorkar nuaia ah kawltangte hukdam ding in, a kâl kit ah khan mualphona thing kraws ah chun khetdên a hi tai. Himaleh, a thi ding kuancha'n le a changlam ah kikhêndênpa kiang ah “Tuni hin ka kiangah paradis ah um inla” ti in hukdamna nâ a sêm pan ngâl hi. Lalpa'n a thu malsawm ta hen.





# Lal Jesu'n A Thawkna Ziak

*John 3:14-17; I Pet 2:21*

*Rev. S. Lama Vaiphei*

*Co-ordinator, Manipur Area*

## Thumapui

Good Friday i tung kit tau a, mittha in Kalvary lampi ah khawvel hukdampa panpitu ding neilo ah, chau leh bâ tak kawm ah ama kikhetdenna ding kross kiput ah a chia lai; thiampu lalpen in lam ah sawisakna te, Pilat inlam ah a sawisak na teu ziak ah chau tak kawm ah kross gik tawh a puk sek dan te kha mitthan ahung lang dun dun kit hi. Ahileh, bangkim hithei lei leh van lal chapa chun bangziak ah zia gual lawm lawm ahi a thawk ngai a ta diam maw?

*1. Migilo thiamlo chang, thiam chansak ah i umkit theina dingin a thuak a hi.*

I Pathian thu chun, “Gitlo man chu thina ahi” tiin ei la gen zo ta. Gitlo ziak ah Pathian melma, Pathian lungnatna chate i la hi tau a hi. A thi ding tak chu nang leh kei hi i hiua, maleh i gitlonau huaisiat zia nasan kihetlo ah i nawp dan dan ua i um laiun hukdampa chun nang leh kei sikin a la thuak ta ahi. Zia tak ah thugil kiphum kit khat chu: “Gitlo man chu thina ahia, Pathian thilthawnpiak ahileh chu i Lalpau Jesu Khrista zalin kumtuang ah hinna ahi” ti ahi. I Lalpau Jesu Khrista hi Pa Pathian in ei piak a la hi kit hi.

Nang leh kei hin chanu chapa Lalpan ei piak lak ah pakhat pen pen hi migilote hukdamna dingin police ten electric chair ahem ah a gawtlup mai ding un i pe ngam diam? Pa Pathian vang chun, a Chapa changkhat neisun chu migilote â dingin a la pia a hi.

Thu dang khat chu, i Lalpau Jesu thiamlo a chansak laiua, migilo thiam a chansak pau Baraba khan Jesu mel kha a et ahileh, ama gitlo ziakah thi ahi dan amu chiana, Jesu mel kha a en sawt ngam puai a tiu ahi. Tuni ah Lalpa Jesu nang leh kei ziak ah a thawkna limlak leh a lemchan ah ki thaw te, chuleh a chanchin Bible ah kiziakte,

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chuleh Pathian thugentu ten a gen hawu ahin nang leh kei in bang gual lungthim i nei uh em?

2. *Jesu thawkna hi mihingte sual ziak a hi*

Kaiapha chun a sumkawlvaina a sukkhak zia kin a matsak a hi a tiu chu. Thiampu lalpen ahia, temple ah dangka thenna kha ama lawkna ding ahia, vapal zuakte khale ama lawkna ding ahia, kithawina gancha ding haw zawk leh chawk lam ah sumdawwna zosia leh Temple sum kiti haw thentuana akhan aman sum tampi pi a mu sek ahi. Zia zosia bangmalo chansak ah “ka pa in chu sumkawlvaina mat ding ahi puai” ti ah zepna khauhual tawh temple ah thunei tak ah vaihawmpa kha Thiampu lal â ding a chun huat um mawng ding a hi vei. Nang leh kei hinle, i nekhawlna, i sumdawwna a hung sukkhak takleh Lalpa Jesu hi i thawksak uh em, eimau in i thwak zawu em?

Pilat chun a lalna humbitna dingin mipi sukkipak a ut a, dinmun hawi a dawina zia kin

thiamlo a chansak hi. Palestina sung ah Rome lal thasik ah a lian pen Governor dinmun kha chu it um tho ding a hi. Kaiapha chula Judate thiampu lal pen ahia, a lungdamlo leh Kaisar kiang ah hek theitu, tulai pau hileh *pressure group* lianpen hotupa a hia, Juda mipi te zosia thununtu a hi baw k a, lau lo theilo a hi. I dinmun, let leh lalna sukha thei ding a hi takleh Lalpa Jesu hi i thawksak zel nalai uh em, eimau zawkin i thwak ngam tau em?

Herod chun a tisa nawpna a sukpitin sek zia kin, thiamlo a chansak hi. Herod hi Judate leng ti ah gen sek himaleh namdang ahia, a gam kivaihawmna lam ah thu a nei zing lain sepai lam leh Rome solkal tawh kikâl ahin Pilat hin thu nei zaw hileh a kilawm hi. Herod hi mi nunsia tak a hi ban ah numei leh pawsalna lam ah thanguhai tak a hi tuak a, a unaupa ji Herodi chûpiak in, a unaupa hi a that a, a lalna a lakpiak baw k hi'n gen a hi. Baptist-tu Johan in a suasal zia kin a la that a, zia nung a chun Jesu khan le “si-al” tiin a ko kit hi. Leng Herod hi

nausen Jesu tha a la gua kha ahia, ama thi nungin, a chapa hinle zia haw zosia zia ahin thalup hi pha a sa hi'n a kilang hi. I taksa nawpna sukpitin a hi theina ding ahin Lal Jesu i thawksak zel em ahiloleh eimau in i thuak zaw'u em kienchian thak hitiu.

*3. A nung i zui ding ua ei nutsia piak chu a hi*

Ama nungzuitu inle ama min zia ah i thawk ngamna ding ua example ei bawlpiak a hi. Jesu nungzui hi chu khawvel lam etah nawpsak utte bawl ding chi vang a hi pua'i. A zia chu thawkna ah kipan, thawkna in a zui leh thawkna ma ah tawp ding a hi. Pathian um a um thei himaleh i ettawn ding un kraws lampi chuh a haw a ngai hi. Ama chu Pathian gual ah um thei, Pathian a hi zing lai in, suak gualin a hung kingaitawm ah, thitiang ah thuzawm in kraws ah thina ngei chu a hung thuak tai.

Maleh, kraws hi a tawpna a hi ziang pua'i. Kraws putna khel lama a putute lawmman ding le ei tiam piak ngal hi. I Pathian thu khan, ziaziakachun

Pathianin thina lak apatin a kaitho ah, chung lamah Pathian Lalchutpha changlam ah khin a chutsaka, min zosia lak ah min chungnung pen a pe tai ti i mu'u a hi.

### **Thukhakna**

Lal Jesu zia khawvel ah a hung ah, genthei tincheng a hung thawkna zia hi: migilo thiamlo chang ta nung te thiam ei chansak thei na ding ahia, zia khawvel mite gitlona a san bek bek zia le ahia; nang leh kei in zia thawkna chu entawn ah aman le a dawn, Pa Pathian apat chawihawina sang pen gual kha i dawn ve theina ding ua, ettawn ding in example ei nutsia piak a hi. Thawkna chu ei kawkmungei ah, maleh zia chu a tawpna ahi pua, kipakman in a tawp ahi. Tuchung Good Friday hi Lalpa Jesu thawksak talo ah, ama sikah thuak ngap ding ah kilatthak'na'n mang thei ta leu hen maw!

*“Jesu bepin kross pu ding maw, midangte awl ding maw?”*

*Mitin â din kross a um chiat, kei di'n le kraws a um.”*



## **“Ka Pathian, ka Pathian, Bangatia Ei Nusia La Hem?”**

*~ Pastor Ngurthanmawia Sailo  
i/c Imphal Pastor Bial*

*Sûn kim ah kipat sunnung dak thum chan in gam pumpi a thim suak tai. Dak thum ding vêl in, Jesu chu aw ngai tak in a hung kiko ah, “Eloi, Eloi, lama sabakhthani?” a hun tia. Zia chu, “Ka Pathian, ka Pathian, bangatia ei nusia la hem?” tina a hi.*

*Matthai 27:45-46*

Adam kha mihing masapen a hia, mihing zosiate suantu a hi. Sual ah a pûkna, a bawsiatna ah chun a suante zosia chule i pang vek uh a hi. Tichun, mi pakhat (Adam) zia kin khawvel ah gitlona a hung lut a, thina a hung um ngal a, mi zosia’n thil a bawlkhial vek tau a hi (Rom.5:12). A chuam in thil va hikhial khel talo

leuhin le, Adam tawh a gitlona ah chun kânkhawm i hi ta him him uh a hi. Tichun, mihingte chu sual ah i pûk tak zia kin khawvel ah natna huaise pen, Eden natna i vei suak tau a, zia natna chu thîpi ding natna a hi zia kin mi zosia’n thîpi ngei ngei ding i hiu; a damna ding khawvel ahin a um pua’i. A damna um sun chu Lalpa Jesu bep hi a hi. Ziaziakah chun, ei hepitu Pathian chun a Chapa changkhat neisun Lalpa Jesu chu khawvel ahin

ei hukdam ding in a hung sawl ta a hi. Jesu chu migilote khut ah mat in a hung um a, musitna leh engbawl na chitin thuak in khetdên in a um ta. Pathian Chapa nat thawk huaise tak leh lungngai mêl chu nisa’n le a en ngam pua, tichun thil lam dang takmai a hung um ta a hi. Nisa’n a vâk a sua ngamlo zia kin khawvel chu a hung thim ta, thim lakah chun Pathian Chapa Lal Jesu, beidawng takah kiko aw gi chu a hung gidawk a, “Eloi Eloi, lama sabakhthani?”

ti in a hung kikodawk hi (Zia chu, “Ka Pathian, ka Pathian, bangatia ei nusia la hem?” tina a hi). Zia tak chet hi a no dâwn ding a la huphur ma ma, “Aw he Pa, a hi’thei leh zia no hin ei pêl mai hen” ti ah a la dawt kha hileh a kilawm hi. Khawvel gitlona zosia pawtu Belamno a hina leh, Pa Pathian in a nungngatsan laitak chu a hi. Khawvel gitlona zosia chu a chungah ngat a hi tâk ziakin Pa hial inle a nusia ta a hi. A no dawn ding chu a dawn ta’i. Ziagual hun ah chun Pa’n a nutsia ah um leh, Chapa’n a thawk lai takah nutsia hî chu a haksat ding dan i hiatthiam chiat uh ginchak a um hi. A nutsia Chapa, Lal Jesu chun panpi a ngai laitak a hia, natna huaise pen a thawk lai tak a hi. Ziagual hun ah Pa’n a Chapa a vak nutsia ziang chu thil huaisia tak hi ngei in a. Lal Jesu’n thamuantu ding a mamaw lai tak, umpi a ngai lai tak in Pa’n a nutsia ziang a ngâi ta a hi. Bangziakah ziagual ah chu Pa’n a Chapa

*Khawvel gitlona zosia chu a chungah ngat a hi tâk ziakin Pa hial inle a nusia ta a hi*

kraws ah a thawklai ah nusia ziang a hi diam ti kawng 2 in vak gen tiam hitiu:

**1. A nat thawklai a en ngam pua a hi:**

Pathian in khawvel a hepi ma ma ziakin, a Chapa changkhat neisun chu a hun pia tai... (Joh.3:16). Pathianin ei hepi bêk ziakin a Chapa Lal Jesu chu zia khawvel ahin a hun sawl a; a Chapa Lal Jesu chun haksat tincheng thuak in ei uh â dingin kraws ah khetdên in a hung um ta. Bangkim hi’thei Pathian â dingah chun kraws lêk apat “Ka Pathian, ka P a t h i a n , bangatia ei nusia la hem?” titu chu kraws lêk apat vak hukdaw ziang chu thil haksa hi him him pua’n a. Ahinla, bangkim hi’thei Pathian chun nang leh kei ei hepi ma ma zia kawkin bangma a bawl thei pua’i; a Chapa chu va hukdaw ta henla hileh nang leh kei hin hukdamna mu thei pua’itiu; ziazakah chun, a Chapa thawkna chu en ngam lo in a nusia ta a hi.

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### 2. Pathian in gitlona a huat zia a taklang hi:

“Ama chun i hiveisiau zosia leh i natna zosiau a la paw ta’n; ahi’nla, ei hawn Pathian in a jep, a vokpâi ah thuak gual in i ngâi un. Himaleh, ei haw bawlkhialna zia ah hiliam ah um leh, i dukdaklona zia ah vok thidup ah um a hi ngal a; ama gawtna thok zia ah ei haw sukdam ah um in, ama kivok thidupna zia ah sukdam ah um i hi’ngal un” (Isai 53:4-5). Lal Jesu chun khawvel gitlona zosia chu a pua, zia chu Kalvari tâng in a kaltopi a, kraws ah chun a thipi ta. Ziagual ah khawvel gitlona zosia pawtu a hi zia kah chun gitlona ngâi theilo Pathian chun a Chapa changkhat neisun hil hial hi ziang lehle a gitlo puak zia kah chun a en zing thei pua, a nusia ta a hi.

Pathian in ei hepina nasat dan hi i ngaitua kha sek diam uh? A Chapa changkhat neisun le ei uh â dingin a hung pe phal a, a Chapa’n nat huaise tak a thawk lai, panpi a ngai ngawi

ngawi lai ah le panpi theilo ding khawp in ei hepi a hi. La phuaktu chun ziagual hin a gen hi:

*Pathian hepina lopi dan,  
Thu leh lâ in a gen seng  
pua’u;  
Van sangah sang, aw a let  
dan;  
Sual mun thim pen le a tung  
phâk.  
Gitlo saltang, lungngai  
lungdawn,  
A Chapa a hun pia’i;  
Mangthai chate muanna a  
pia’i,  
A gitlo uh ngaidam”*  
(KLB 32)

Zia sang ah hepina lopi zaw ding hi lei hi henla, van hitaleh, um tapua’n a. I fel zia uh leh i phat zia uh hi him him lo ah Pathian in ei hepi tawp ziang, hinna i nei theina ding ua a Chapa hial le ei piakdaw tawp ziang hi khawvel ah thilmak pen hi ngei in a. A Chapa changkhat neisun hil hial le nusia ngam ding khawp hial ah hepina i chan uhi **Phûlo Hepina** chu a hi.



# A THOKIT TAI!

*Bible Chang: Matthai 28:7; Luka 24:1-7*

*~ Pastor Thangneipau Vaiphei  
i/c Panglian Pastor Bial*

Amasa'n simtu zosia thokit I Lalpa Jesu Khrista min in chibai. Hun kipak um tak khawvel a thiltung lak ah lopi leh pawimaw pen thina zo ah I Lalpa Jesu Khrista thawkit na thu hi gingu zosia kinepna, I thugin kingakna, Apostle te thucha pawimaw leh suang phum, Thina kipat a thokit tai ti thupi mang in ngaitua khawm hitiu.

I Lalpa Jesu Khrista thawkit na thu hi Chanchinpha ziktu te'n a zik chiat uh hen, himaleh a thu hiat dan leh zik dan te'u kibanglo maleh Jesu hi a thokit ngei hi ti thu a hin a gindan uh a ki bang tang gual hi. I Bible chang sim nau apat in Sabbath ni a hun bei a ti hi Judate seppatni, a Nisagi zaw ah ni masa pen kipat na ni a hi. Hapta khat ah ni masa pen a hung kipat lim jingkal matak ah chun, Mary Makdalin leh Mary dang te chu gimtui a siamteu chawi in than en ding in a va chiau ah, Than ah kipat suang chu likdaw sa'n a va mu tau ah, a sung a chun Jesu luang chu a mu ta puau ah lungkham

tak ah a um lai un, mi pani puanvam tak mi sal thei hial sil in a kiang un a hung ding ua, Numei te chu a lau ma ma ziak un a mai uh leitual si hial in a bawkkhup tau hi. Amau chun, bang a tia mithi lak ah mihing hawl la hui em? Zia tak a hin a um tapuai, a thokit tai, a tiu ah. Ziaphatchun, Lalpa Jesu a damlai ah a thugen te kha a hun hedawk tau ah Than akipat chun a nung tai ua thil umdan zosia chu sawm leh khatte leh midang kiang in le a va hil tau hi. Zia thu hi Khrista thuhia tute'n a hiatpi (witness) pen chu, "I Lalpa Jesu Khrista thawkit na hi a hi"

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Khawvel a hin I Lalpa Jesu a hung piang thu leh kross ah athi thu a hin, mi khenkhat te'n a ging lel puau un himaleh, thina zo in a thawkit na thu a hin tu ni tiang in a taksang thei puau un a nial kal zing sek u hi. Pentecost ni Thagau Thiangtho hung tun in Jesu nungzui te'n Chanchinpha a puan masak pen uh chu, "Jesu chu Pathian in a kaitho ta'n, zia chu ka leng ua hin a hiatpitute ka hiu hi" a tiu hi (Nasep 2:32).

Zia thawkitna thu hiatpitu (witness) thil pawimaw khenkhat te zia gual hin sulang hitiu:

### 1. **Khrista thawkitna chun thamuanna ei pia'i**

Lal Jesu kraws ah thiding ah khet den ahi masang ah, a ma ziak ah lim leh kipak leh thamuang tak a um sek te kha thaphâng tak in a zâm tau ah, damlo te'n ei hidam ding, gilkiâl te'n le nek ding ei pia ding leh Israelte tandawk ding Pa Pathian thutiam hingei ding tia a hiat leh a kineppi ma mau kha, kross ah khetden in a hung thi ta thut mai hi. A nungzui

te'n a ma ziak ah hangsan tak ah thugen te leh ama ziak ah mite huat ah um te kha lau leh kithing ah a um lai un, thokit Jesu chun a hun kantha kit ah, "la lak un thamuan na um ta hen, tia hu a tha khum ah, Thagau Thiangtho nei un" a ti zui hi (John. 20:22). Lauthawng tak ah umte chun thamuanna hun nei thak in, Lalpa neitu diktak a hi zia te a hung kihechian tau hi. Hebraite zik a chun, "Pathian hepina ah mitin â ding ah thina chu a tepna dingin, thina chu a hung thuak ah, chawihawina leh za umna hung chang ta chu I la mu tau hi" (Hebraite 2:9) a ti gual in, thina leh thawkitna a pat ei puitu Belampu pha chun thina zo in thawkitna chun thamuan na ei pia ta a hi.

### 2. **Khrista thawkitna chu hukdamna nasep bukimna a hi**

Pathian thu chun, "Mi pakhat zia kin gitlona khawvel hin a lut ta'n, gitlona ziak in thina a lut in, zia gual ma chun mi zosia migilo ihi tak ziak un thina'n mi zosia a zen suak tai" (Rom. 5:12) a ti



gual in, mi zosia hi migilo i hi tak ziak un, tatdawk ding leh hukdawk ding in Pathain in a chapa khawvel hukdam ah a um na ding in a hun sawl ah, kraws in a thi, vui in a um ah, maleh a thokit hi. Zia a thawkit na thu Romte zik a hin, “Jesu I Lalpa’u thina kipat thawkit chu i ging phawt ua leh, a ma chu i gitlonau ziak in thâ in a um ah, thiam i channa ding un kaithaw in a um ta a hi” (Rom. 4:24, 25) a tia. Hukdamna nasep hin Pathian tawh mihing kikâl in kicham na a hun siam ahi. I Lalpa Jesu thina leh thawkitna gingcha ta phawt te ding a chun hukdamna a hi ziak in i suang uh a hi. Sawlchak Paul chun zia gual hin a gen hi, “Khrista chu thokitlo a hi chun, ka thugen uh hi a thawn hi’n tin, la ginnau le a thawn hi’n ah” (I Kor. 15:14) a ti a hi.

### **3. Khrista thawkitna chun hangsanna ei pia’i**

I Lalpa Jesu a thina ding lam zuan ah a chia lai in, a nungzui ngam a um puau hi. A nungzui te lak a hangsan pen Peter kha le Ak khuan ma’n thum vei hial a kilepsan hi. A

hi vang in Jesu chu thina zo in a thawkit na a hin, a nungzui te chu a thu hiachian tute leh muchian tute a hiziak un, zia thawkit na thu chu hangsan tak in Juda te leh Gentel te lak in a tangkopi tau hi. Chuleh, zia thu hi Thiampu te, temple hotu te leh Sadukai te chun Peter leh Johan kiang ah, Jesu min ah thu gen talo ding in a vau ua, Peter leh Johan chun a dawn hu’u ah, “Pathian mit mu ah chun Pathian thu mat sang ah nang uh thu mat zawk chu dik ding a hem ti hi ngaitua’u in, ka thil mu’u leh hiat uh chu gen lo thei ka hi pua’u hi” (Nasepte 4:19,20) a tiu hi.

Ziagual a hin gingu masate chu Pathian Thagau in a thuan ziak in Pathian thu, thawkitna thu chu hangsan tak in thi’ngam in a tangkopi u a hi. Nang leh kei le Pathian thu diktak chu tangkopi ding in kisingsa hitiu.

### **4. Khrista thawkitna chun kumtuang kinepna ei pia’i**

“Mithi te chu thokit lo a hui chun, Khrista ngei le thokit lo ding a hi. Khrista chu a la

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thokit lo a hi chun, la ginnau le a thawn hin ti'n, la gitlonau ah um zing nalai ding la hui hi" (I Kor. 15:16,17) a tia. Chuleh, "zia dam sung a ding bep ah Khrista kineppi i hui chun, mi lak lak ah lungsiat um pen hi'i tiu" (I Kor. 15:19) a ti gual in, tu i damsung bep ah Khrista kineppi i hui chun mi lungsiat um ti ding i hui, mihingte â ding in thina hi guat a hin, kuama thina pum pel thei i um puau hi. Thamuanna nei lo in thina tuak ta leu in mi lungsiat um, mi vangsia leh thil haksa tak hi ding a hi. Chuleh, zia bep le hilo in thina khel lam gam, Van gam kumtuang hinna kinepna nei lo ding a hi. Jesu a thawkitna hechiantu chun, tu damsung bep hilo kumtuang tiangin kinepna ei siampiak hi. Sawlchak Peter chun, "Jesu Khrista thawkitna zal in

kinepna hing mu dingin hinna thak ei pia'n,...chuleh zia chun nasa tak in la kipak uh a hi" (IPeter 1:3-6) a tia.

Khawvel ahin sakhua chuam chuam a um ah, zia lak a chun Khristian sakhua dang lam na chu I Lalpa Jesu Khrista a thi, vui in a um ah, a ni thum ni ah a thawkit na thu hi a hi, zia thawkit na ging tu

*"Pathian mit mu ah chun  
Pathian thu mat sang ah  
nang uh thu mat zawk  
chu dik ding a hem ti hi  
ngaitua'u in, ka thil mu'u leh  
hiat uh chu gen lo thei ka hi  
pua'u hi"*

te i hui hi, a dang lam na chu. Jesu'n "la kiang un um zing ding ka hi ti he zing un," (Mt. 28:20) a tia. Chuleh,

kuale a ma ging taphawt chu mangthai lo ah, kumtuang hinna a nei ngei na ding un (John. 3:16) a tia. Ziaziakchun, Khrista thawkitna, hukdamna nasep gitlo na lak a pat hangsan leh kumtuang kinepna i nei thei na ding un Lalpa'n a thu malsawm ta hen. Amen !



# SUANLAM BEI IN

Jeremiah 1:4-6

~ Pro. Pastor T. Lalgin

Sugnu Pastor Bial

Mihingte hin suanlam ding i hawl sek ua, zia i hawl sek u hi i hinkhua'n a bek den sek ah. "Ka hethiam puai," "A haksa taluai," "Ka upa ta/ka naupang nalai ah" zia gual ah dinmun chuamchuam ahin suanlam i hawl sek ua. Ziagual ma chun Jeremiah inle suanlam a hawl a hi.

Zia lekhabu hi Jerusalem khawpi a suksiat hun lai kha ahia; buainate leh kidonate tam tak a um ah. Zia hun lai kha'n Pathian in Jeremiah kha jawlnei dingah a ko ah, Jeremiah inle suanlam a hawl a hi.

## 1. Zia Na hi a haksa taluai:

I hiat sa gual un Jeremiah Pa leh Pu kha thiampu ahiu ah. Ama hi thiampute insung apat seilian ahi. Hilele, Jeremiah kha Pathian in jawlnei ding zawk ah a teldaw a hi.

Thiampu leh jawlnei hi a kibang pua: Thiampu i ti leh thiampute'n mipite ai aw ah Pathian kiangah thil a dawn sek ua; Jawlnei i ti leh Jawlneite'n Pathian ai aw ah

mipite kiangah thu a gen u'i. A nasep ule a kibang pua, thiampu te chu tu Thiampu Lekhabu ah dan a zui dinguh a um sa ahia, zia kha a zui mai dinguh ahia; himaleh jawlneite chu zia gual ah dan a ki zik a umpua, amau in Pathian in thu a piak u kha mi a hiat khaklo te kiangah le ava gen ziang sek u ahi, tuni thil a bawl teu le zing leh bang a bawl dinguh hem ti le a he ngai puau ah, Pathian in a ko dan dan u chia mai dinguh ahi. Thiampute chu mipite thilpiak apat a insung uh a chawm ua, jawlneite chu zia gual ah income le a nei puau hi. A na'u hi a bailam chu a hi kêi puai.

Pathian in ei â dingah nâ haksa tak ei pia maithei, a

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hung piak phatleh “Zia hi chu a haksā taluai/bawl lo di kei” le kiti ut maithei. Chang 5 na khan “Sul ah ka hun siam masang ah kipat khan, ka hun hiatsa la hi” atia. Zia hi Pathianin Ama nasem dingah i pawimaw dante, i pian masang apat ahung hiatsa ahi. Pathian in Jeremiah a min in hia, a tel ah, jawlnei din a guat ah, a suthiangtho ah. Ziagual ma chun, Pathian inle ei â dingah thil guat lawksa a koi ah, ei un i tup pen u tawh kibanglo maithei, zia a guat lawksa kha lau loin i pawm ding uh, i chiapi ding uh a hi. Jeremiah gual khan i maban uhi i khut un a um pua, Pathian khut in a um vek ah, zia ei guat piak te, gingtu i hina zal ah i thilbawl di dawlte hi i pawm ding u a hi.

### **2. A hun a hi nai pua’i:**

Chang 6 na kha Jeremiah in “Ka naupang talua nalai in, thu gen dan ka hepuai” atia. Zia hi scholar ten a gen dan uh ahi leh Jeremiah kha kum 20-25 vel dingah a ging chau ah. “Naupang” ti hi a kum lam hilo in a hiatna (experience) lam a gen zawkna a hi ti’n a gen ua.

Mosi inle suanlam ding a hawl ah, “ka upa taluai, kuama’n ei gincha puana, midang sawl mai in, thu ka genthei puai, ka dangawkw ahi” atia. Jeremiah inle “Ka naupang taluai, thu gen dan ka hepuai” atia. Pathian in a dawnhu dan chu akibang ah Mosi kiangah “La gen ding hun piang ka” Jeremiah kiangah “la gen ding ah ka hun piak cha chu la gen ding ahi” atia. Bang zia ah Mosi leh Jeremiah khan suanlam a hawl uh ahem? A zia chu amau kha tingzo ki sa lo uh ahi. Ei uh le ting zo lo. Ahinla, ting zo iki sak zaw lo zia ah Pathian na chu sep lo ding ahem?

Pathian in Mosi leh Jeremiah kiangah “La gen ding hun piang ka” atia. Pathian in a maban dingu le a guat lawksa ahi, zia gual ma chun I maban dingu le a guat lawksa ahi. Zia hi en hun lemchang (opportunity) ah I lak dingu ahi. Tinglo iki sak zia un Pathian nasep hi ei dal ding hi loin, Pathian ah ki piak lut zawk ding ahi.

Pakhat kit chu ahileh Pathian lau takluat zia ah

bangma kibawl ngam lo. Mi lak ah ki ding ngam lo hem, ki pauchap ngam lo hem, Pathian thu ki gen ngam lo hem, a ziak a tam ah. Khawlaileng i nei lehle Pathian thu hopi di ki lau. Pathian lau hi chu thilpha ahi, hilele ei dal tu ah matlo ding ahi. Talent tekhinthu ah talent khat changpa khan le a pu a lau talua, talent a piak zat kha a le piak kit a, zia hi ei gingtu te um ding dan ahem? Bible I simteu, Pathian thu ah hiatna (experience) i neiteu hi eima mimal â ding bep ah kaw ding a hi pua, puanzak zawk ding a hi. Pathian lau chu thilpha a

hi. Pathian lau ziak ah ama ah i hansan uh a ngai a, hangsan tak ah a na le i sep ding uh a hi. Pathian lau hi suanlam hawl na dingah matlo ding a hi.

Ahileh bang tik hun hi a lemchang pen diam? Zing ti puai tiu, midanga dingah le kawidawk puai tiu, midang a chan lele “ama khu a theplo lo tawh” le ti puai tiu, kipak pi zaw hitiu. Lalpa nasepna dingah tuni i bawl thei ua leh bawl hitin un, ei ma ikipiak hi a pawimaw ah, i mawpuaknateu i chanvo teu hi sukpitin tei tei ding a hi. Suanlam bei in Lalpa na sem hitiu.

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“La phatnate leh chanvot chu kisanpi a,  
la chapopi lona ding in kiveng inla;  
Jesu Khrista leh a hâtna bep chu ngaitua zing inla,  
kisanpi zing zaw’n;  
Zia bep chu la kipuklona dingah  
la kivên theina umsun a hi ngal a”

— Charles Spurgeon



## **Andria Nungzui Hina (Discipleship): Ginna leh Nasepna ah Ettawn Tâk**

*~ Eunice Tinglemhawi B.D., M.Th 1st year*

Jesun mipi sang nga a vâkna chanchin, Chanchinpha Matthai, Marka, Luka leh Johan in a um vek a. I sim a hi chun, a tângpi in simtuten dawtna tamtak ala nei sek uh ahi. Jesun a nungzuite mi ziazat vâk dinga mawpuakna a piak ziang kha i ngaitua ahileh nâ lian mama ahidan ngaitua thei kham tak a hi. Khenkhatin ziagual mawpuakna chu zawna dingah mawpuakna giktak zaw gualo a hi i ti maithei u'i, Khenkhatin na a tam dan nasa taka phun nawi nuam maithei nalai ua, chuleh khenkhatin mawpuakna pepa Jesu le mawsak nuam in, hotu khatin a nungzuite ziagual na piak ziang chu ti na le um maithei ahi. Zia hun lai, amun, a mipi vâk zaw di dan, a nek diu ala nei zât vel i et phatleh ziagual ngaidan leh dawtna te hung piang dawk sek a hi. Chomkim tak chan a ziak te vak ensuk hitiu:

i) Mipi umzat kha numei tawh naupang simlo ah sang nga ahi ti Matthai 14:21 in ahung genchian be a, zia chu ahileh numei tawh naupang ki gawm in ala ki sim ala hileh sang nga za nga lam ahiloleh sang guk vel le hung pha maithei ahi.

ii) Nungzuite mi sang nga sang ah tam zaw vâk dingah mi 12 bep ahiau.

iii) A umnau mun chu gamthip lam leh a khawpiu apat ki gamla ahi (Matthai 14:13, 15; Marka 6:31, 35; Luka 9:12). Zia bep chule hiloin Nungzui 12 te chun Jesu kiangin mipite sawldok dingin a gen ua, a kiang nai tuam ua khuate ah nêk leh châk leh a giakna diteu a muthei na dingua a hawl dan apat ua gamthip mun ah um ahi dan uh a taklang hi (Luke 9:12).

iv) Ziagual mipi tamna lak a hi, tamtak in nêk ding pawlo ding ahiu ti nungzuiten nêk leh châk khua dangte kiangah pat a hawl guat dan inle hiat thei a hi.

v) Jesu Nungzuite in sum a nei tawm mamau a, Philip chun Jesu kiangin tha guk law in mipite nêk di ki chaw leh le, neucha chiat ah chang ding inle kiting diak pua'n a, a la ti a hi (Johan 6:7).

### **1. Nungzuite mit mu in thil haksa tak:**

Philip in Jesu a dawnhu dan apat in le nungzuiten mawpuakna kipiak chu thil haksa tak leh thilhitheilo thil ah ala ngâi dingun ginchak a um hi. Ginlelna tamtak a piang thei a, Nungzui 12 bep kihilo ahem? Khawitak leh banggual ah nek dinguh chawk di? Khua kiangte apat nek leh chak ding valak ah khawthim ma in I vak zo diam uh (Marka 6:35)? Ziagual sum taksap laia kuan sum ei kithua pi thei ding? Ziagual gel na nei in Nungzui 12 te chu ala buai mama ziang dingin ginchak a um hi.

### **2. Andria dinmun — Thil hitheilona mun ah thil-hitheina hawl:**

Jesun a nungzuite kiangin, nang un a nek ding uh piau in (Matthai 14:16), Vaithum bangzat la nei awm hun en tiam un (Marka 6:38) ti thu a hiat phat un, Nungzui 12 te laka pakhat, Simon Peter suapipa Andria chun thip hithiat in a mawpuakna a subuting hi tithei ahi. Johan 6:9 na I sui uh ahi chun, Andria in dinmun pawimaw tak a lua dan muthei in ah um a, ziate chu a ban in ensuk kit hitiu-

*a) Andria chu lampi hawldawktu a hi:*

Ziagual a lungkham taka bawl ding helo in nungzui dangte a um lai ua chun, Andria in mipi ziazat laka chun pawsal naupang pakhat, vaithum panga leh sanga pani chu ava mudawk ah Jesu kiangin a tut ngal hi (John 6:8).

*b) Nungzui dangte ziagual hun ah patau in, lungkham in buai maleu Andria chu thil puak dan thiam leh zaidam tak chan a um thei hi:*

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Mipi kipunkhawm ziazat laka pawsal naupang nêk ding nei ava mudaw chu lungthim gel kingang tak leh phatakcha a hawl uh a pawimaw ah. Andria chun zia zaidam na chu latsak in, mipi laka chun nêk ding nei umkha ding ahiu ti lunggel nei pumin ava hawl ngal hi.

*c) Andria in Jesu chu Messiah a hi ti det takin ginchâkna a nei hi:*

Nungzuite patau in lungkham ziang theina ziak uh chu mawpuakna gik tak mai a chung ua um kha mihing thilthitheina mitmu in a etziak uh a hi. Ziabep chu hiloin, Jesu chu amau gual a mihing leh khawvel a hotu mai in ala enkha sek uh ahi. Thil thupi tak bawlthei Lal leh Hotu ahi ti ah a etlou ziak uh ahi. Jesu, Messiah a kiang ua um ahi tihi hemil kha sek uh ahi. Himaleh Andria chun a ginna ah a det dan ahung sulang a, a hotupa Messiah diktak ahi ti a hechian hi (Johan 1:40-41 ah le muthei in a um hi, Andria in Jesu a mu phat phat in a masa pen in a suapipa Simon a hawldawk ah, a mu phat in, “Messiah ka mu

tau hi,” a tia). Pawsal naupang a mu mu in, vaithum leh sanga chu tawm taluai ti’n a phun pua, ginglel loin Jesu kiangin a thil mu daw chu ava hil ngal ahi. Andria in a Lal leh Hotu chu thilhitheilo chu hithei a thengthei a hi ti a ginna det dan a sulang a, zia chu ahileh vaithum panga leh sanga pani bep a mi sang nga vak thei ahi dan ahi. R. E. Nixon, Bible thiam khatin Johan 6:8-9 na et in Andria ginna chu ginna nasep a hi a la ti a hi.

### **3. Andria Nungzui Hina apat zildaw ding:**

Jesu nungzui Andria hinkhua apat i etleh, ginna leh nasepna ah ettawntak ahi dan muthei in a um hi. Nungzuitu hina thagau i zil leh i nei nuam a hi chun i gin uh Pathian ah ginna det taka pan ngai sek a hi. Andria apat i zildaw teu pawimaw khenkhat te en hitiu:

*a) Hun haksat leh beidawwna hun ah le a lampi ding hawldawktu:*

Jesu i kiangua umzing a hi ti hemil puai tiu in hun haksat leh beidawwna hun ah



le a lampi ding hawldawktu ah pan gua chiat hitiu. lampi umlona mun ah le Andria chu lam hawldawktu nungzui phachuam takin a pang thei hi. Ziagual Covid-19 in khawvel a zelsuak lai in, khawtang leh a bik takin kochuam lam le nasa takin a sukha, mun khenkhat missionary nasepna hawle haisan ngai tam tak um a hi. Ziagual hunlai inle patau mai lo ah lampi hawldawktu, khawtang leh kochuam â ding ah mi phachuam tak hi thei dingin pan la zel hitiu.

*b) Buaina leh haksatna hun a le thil puak dan thiam leh zaidam:*

Buaina leh haksatna tuak hun a le thil puak dan thiam ah, zaidam taka etdan Andria apat inle i zildawk thei ua. Jesu Khrista zâlin bangkim ka bawl thei hi ti lunggelna nei in, thepnate leh patepnate thuak hât takin pang ham ham zing hitiu.

*c) Ginna det tak nei ah kalsuan:*

Andria gualin Messiah i nei u’i ti hezing kawmin i Pathian tawh i kikâl subuai thei thil tam tak te lakin le ginna det tak nei a, kilîng lo hial ah i kalsuan to zel uh a hi chun, ma i sawn zelnau ahinle Khrista thilhitheina muchian deu deu ding i hiu.

---

*“Jesu Khrista nung zui ding hi a pawimaw pen a hi.  
I lunglutna zosia latdaw a ngâi a, i thatnawpna zosia le  
piakdaw a ngâi hi”*

- Alistair Begg

## Hiṅṅa Vâk

# KHRISTIAN KHANGLAI PAWL VAIHAWM KIKHAWP 6 VEINA REPORTS

Manipur Area Khristian Khanglai Pawl (KKP) in General Conference neilo kum leh Vaihawm Kikhawp kinei sek chu a 6-veina ding in tarik 12th – 14th March, 2021 sung in Leijangphai Bial ah Leijangphai Kochuam zintunna in “La chawtna taphawt chu la gam hizel in a” (Joshua 1:3) ti thupi ah mang in KKP member mi 430 vel chiakhawm in programme lawk tak ah matzaw in a um hi. I dawtna te uh ei dawnhu ah, natna hileng kal ah programme lawting tak ah ei matzaw sak tu Pathian kiang in kipak thu um ta hen.

Vaihawmna hi 13th March, 2021 ni in nei ahia, vaihawm palai mi 102 leh simtu 22 chiakhawm in lamzang tak in vaihawmna a kinei thei hi. Vaihawm thupuknate zia anuai ah gual hi a hi: -

1. Lamka Pastor Bial zintunna ah 10th – 13th March, 2022 sung ah KKP General Conference 12-veina matna ding ah Thupi ding in “La gam hung tung hen” (Matthai 6:10) tel a hi.
2. Vaihawm kikhawp 7-veina, 2023 zintuntu ding in Phailianbung Pastor Bial guat a hi.
3. General Conference 13-veina, 2024 zintuntu ding in Sugnu Pastor Bial guat a hi.
4. KKP Kumpulan thupi mangcha ah Inter-bial short film/video kidemna nei ding pha sak a hi.
5. Inter-bial Bible quiz competition nei ding pha sak a hi.
6. CKKP malatna ah Orphanage Home vena nei ding pha sak a hi.
7. CKKP ah committee member/OB ahi zing lai ah zi/pawsal neite kiang ah kipakpina thilpiak piak sek ding ah pha sak a hi.

8. KKP Kikaihuaina dan CKKP in a hung et-thak ding ua ngansia a hi'u.
9. CKTP Delegates ten khutchawi/thilpiak a nei sek ding uh pha sak a hi.
10. Kum masa General Conference thupukna sep mualsua theilo ah umte suk butin ding pha sak ahi. Zia te chu: -
  - i. KKP Puitute Leadership training nei ding.
  - ii. Sister Synod te tawh kipawlkhawmna/fellowship nei ding.
  - iii. Vocal Training nei ding.

Secretary report, Finance report leh Audit report ngaithakna le nei ahia, KKP in ma sawn zel ahi dan muthei in a um hi. Chuleh, Manipur Area Choir (MAC) te panlakna thilkhawmna le nei ahia, kum 2020- 2022 MAC term in Album siam chiapi zing lai ahi tawh kitawn in a masa pen ding in lâ pakhat(1), “Lam Bailam Ahi Puai” ti hi CKKP youtube channel ah video et thei ding in thadaw in a um hi. A maban kalsuan zel na ding uh pauchapna in hia zing hitiu.

Kum cheng in KKP member in pun lam a manaw zing ah kipak a um hi. Tu kum ah hin Chingmei Pastor Bial ah kipat in KKP ding thei ahi tak thu uh dawn ahi, Chuleh, bial thak- S. Munnuam Pastor Bial KKP le a ding thak bawk hi. Budget siam piak ahi ngal u'i.

Kum 2021- 2022 sung a ding in Budget ` 4,10,000/- pawm ahi. Pathian umpina zal ah suk butin kinep a um hi.

Ningkum(2020) Kumpulan zillai “Khanglaite leh Tulai Khawvel” hi tu kum ah le zil suntzawp hi ding a hi.

Tuchung Vaihawmna Kikhawp mang ding ah kalsuan te zosia (KKP member, Pastor, Pro-Pastor, Minister, Kochuam Upa, CKNP palai leh a dang dang) a kigawm in mi 425 vel hi ding ah hisap a hi.

## Hihna Vâk

Zintuntu lamte kisingsakna a lopi in, a kipiakzawnate uh leh a dawtheinate uh zal ah Khawmpi nuam leh lawting tak ah kimang thei ahi ziak in kipak a um ma ma ziang hi. Lungthim leh tha leh zung, itcha lo hial ah a senna te uh Patian in a malzawl ngei ah, Khawmpi mang ah chia ten haksatna bangma tuak lo in ei la zintun thei ua, lungdam a um ma ma ziang hi.

Taksa leh Thagau ah khangto zel dingin Pathian in ei mapui chiat ta'u hen!

### KISIMNALAM

1. Bial um zat	:	23
2. Branch um zat	:	97
3. Member zat:		
a) Numei zat	:	1920
b) Pawsal zat	:	2569
Total	:	4,489
4. Zi/Pawsal nei zat		
a) Biak In ah	:	50
b) Mun dang ah	:	127
Gawpkhawm	:	177
5. Thunun ah um lai zat	:	75
6. Bible Zillai zat	:	22
7. Mithi zat	:	15

Report petu:

*Tv. Lianlalsiam*

*General Secretary*

*Central Khristian Khanglai Pawl*

March 2021

## ROSTAD MEMORIAL HIGH SCHOOL REPORT



**1. Naupang zat:** March 1, 2021 ah RMHS ah naupang nei dan ziagual a hi:

Nursery	-	34	Class V	-	37
LKG	-	25	Class VI	-	28
UKG	-	28	Class VII	-	48
Class I	-	33	Class VIII	-	43
Class II	-	32	Class IX	-	47
Class III	-	41	Class X	-	32
Class IV	-	27	<b>TOTAL</b>	-	<b>455</b>

**2. HSLC Exam ding:** Tu kum 2021 ah HSLC Exam ding naupang 30 a um u'i. Amau hi January-February tha sung ah khan Study Camp neipi a hiu a, Pathian mapuina zâl ah a hung lawtin chiat uh i kinem hi.

**3. Staff dinmun:** Tu ah School Staff um zat ziagual a hi:

Principal	-	1 (Semtu det)
Graduate Teacher	-	8 (Semtu det 1)
Under-Graduate Teacher	-	9 (Semtu det 2)
Computer Teacher	-	1
Office Assistant	-	1 (Semtu det)
IV Grade	-	2 (Semtu det 1)
<b>Total</b>	-	<b>22 (Semtu det 6)</b>

*Report Petu:*

*Upa Dr. Soilalsiam,  
Principal, RMHS*

## Hingna Vâk

### CKNP KHAWMPI 12-VEINA REPORT

- Pi Chinglalven, Secy, CKNP

Pathian mapuina zal in KNP Khawmpi 12-veina chu March 5, 2021 ni ah khan Jubilee Kochuam, D Phailian Bial ah mat zaw a hi. Bial tin apat palai 140 a kichiakhawm hi. Khawmpi lian mat kum hi jiang lehle COVID-19 Pandemic ziakin Vaihawmna'n mat a hi. Chun puitu thak te tēlna le bangma buaina umlo ah a kinei thei ziakin ei mapuitu Pa Pathian kiang ah chun kipak thu i gen uh a hi. Sunnung hun ah Khawmpi lian thupi “ La khut ah um kha bang ahem?” Pawtdawna Thu 4:2 mangcha'n Rev. R. Lalmingsanga, Administrative Secretary, Manipur Area in thugenna nei in palai chiakhawm-ten thagau lam malsawmna tam tak dawn a hi. Chuleh, puitu thak te latna le ei nei piak ngal hi.

#### **Kum 2021 - 2023 sung ah puitu thak te:**

Chairman	: Pi Thuamkim, Mata Bial
Vice Chairman	: Pi Thianneilian, S. Munnuam Bial
Secretary	: Pi Chinglalven, Lamka Bial
Assistant Secretary	: Pi Hoipakkim, Mata Bial
Treasurer	: Pi Kh Thianniang, Lamka Bial
Finance Secretary	: Pi Niangphal, Imphal Bial

#### **Committee member te:**

##### *D.Phailian Bial -*

1. Pi Lalhrietpui
2. Pi Tingzeneth

##### *New Lamka Bial -*

1. Pi Ngaimoi
2. Pi Nemdoikim

##### *Mata Bial - Pi Khawlneigrace*

##### *S. Munnuam Bial -*

Pi Ngaiphakim

##### *Lamka Bial - Pi Lamneikim*

##### *S. Kawtlian Bial -*

1. Pi Khupneichin
2. Pi Tingthianniang

##### *Kangvai Bial -*

1. Pi Khollhing
2. Pi Nengneithem

##### *Imphal Bial - Pi Kimmary*

##### *Dumlian Bial -*

1. Pi Kholthiandoi
2. Pi Chongthianmawi

##### *Phaipheng Bial -*

1. Pi Biakkim
2. Pi Senboi

##### *Sharonphai Bial -*

1. Pi Chinhoithem
2. Pi Hatneikhawl

**INSOMNIA (IMUT THEI LO)**

Piting 30-50% hin hin imut theilo hunlai i nei chiat sek ua, 10% te haw vang chun huntin in ipmu theilo in a la buai uh a hi. Insomnia in a sukbuai te â ding a chun thawk haksa tak a hi. Imut a haksa, sun leh mi a suchau ah, imut a suak ah, zing thaw inle a kihal thei mang pua'i. Chun, taksa a suchau ah, natna kai a bailam bik ah, BP sang leh zunthum vei mi te â ding diak a chun a hawilo ma ma hi.

**A ziak um thei te chu:**

1. Lungkham na giltak nei ziak( anxiety).
2. Zu (alcohol) ziak.
3. Kum upat ziak.
4. Caffeine (thingpi/coffee) dawn ziak.
5. A kizawppi natna (thyroid natna, lungthim lam natna).
6. Damdawi khenkhat ziak.

**Bang law ding leh?**

1. Zannah thingpi/coffee dawn kin. La dawn ding leh le zan sawt ma in dawn in.
2. Zantin a hun ngaiyah imu zing in la. A tilah chun la imu ziang lo mai thei, a sawt deu tak leh la thwak kha hung kisiam gual mai ding a hi.
3. Nitin exercise la sek in (minute 10 vel lam zaw hi ziang leh le) a hun tawk hi.
4. Imut masang dakkal kimkhat sung vel bek TV enlo in um in.
5. Tui lum pip pep in kisil in.
6. Bawngnawi lum (a thum lo) dawn in.
7. Room thawveng takin hawng in.
8. Lehkhabu sim in.
9. A ziak chuam aum khak chun gun tak ah suichian ding a hi. A poimaw leh doctor le dawt a pha'i.
10. Imutna damdawi hi chu a khawk ten lo leh matlo ding a hi.

*(Aizawl Venglai YMA Bulletin apat lakdaw a hi)*



## SÛNNA

### UPA KAIPAO VAIPHEI (1940-2020)



Upa Kaipao Vaiphei hi 1940 kum May tha vel ah Thingkeu khua in Pu Satgin leh Pi Thawngkhawlte laigil ah piang chapa palina ahi. 1965 kum in Pi Munkholam tawh kicheng in chapa pali leh chanu pakhat a nei ui. A tanglak a kipat in Thingkeu khua hung nusia'n, Pengjang in a seilian hi. Mi lekha thiam thei tak hi in 1968 kum in D.M college in B.Sc a la zo hi. 1971 kum in Dept. of Fisheries, Govt. of Manipur, ah Inspector in a la sem pan ah, Joint Director in a la pension hi. A ma hi eimi sung ah Joint Director, Department of

Fisheries, Govt. of Manipur ah pension masa lak ah khat a hi.

Upa Kaipao hi mi kingaitawm, kochuam ngai-khawk leh Pathian thu ngâina mi a hi. Pathian pâk ah lâsak lenkhawm thanuam tak a hi. 1987 kum in Langol, Imphal, ah EOC Langol puitu masa a la hi. February 8, 1998, EOC khawmpi lian, Hilltown Biak In ah Rev. Thianzalal khut ah Upa 'ordained' a la hi. EOC Executive Committee Chairman hina le a la tûk ngai a, Gilgal Presbyterian Church (GPC) Langol ah Kochuam Chairman masa pen le a la hi.



March 2021

Kochuam ah mawpuakna chuamchuamala tûkkhak telak ah, Imphal Pastor Bial ah – Bial Chairman, Bial Treasurer leh Standing Committee Member. Chun, Phaipi Presbytery ah – Standing Committee member leh Tualsung Kochuam (GPC Langol) ah – Kochuam Chairman, Kochuam Secretary, Treasurer.

November, 2020, thabul vel apat khan hitang khawsik nat ziak ah etkawl a hizing lai in, vangsiat um tak in November 11, 2020, (Nilaini) nitak lam

dak 2.00 PM vel in angai cheng nusia in Lalpa Pathian kiangin ei la chawldam san tai. A chenna inn Langol apat in Rev. Thangneipau Vaiphei, Moderator Phaipi Presbytery in thâkdawna nei in, Pengjang thanmual ah Rev. Kamkhotinthang Neihzial, S. Kawtlian Bialtu Pastor khut ah a zan ma ma in ngainatu tamtak tawh vuiliam a la hitai.

*T. Upa Paominlal  
Secretary  
GPC Langol*

Jesu Khrista luchang ah nei gingtute chu Jesu Khrista, thina zo ah thokitpa zâl ah chun zotu i hiu.

Peter Martyr Vermigli chun, “Mi’n tui thûk tak a pal lai in, a taksa dangte chu tum mang ziang maleh a luchang chu tui lak ah tumlo dingah a phawtkâng sek ziaikin kuama’n tui ah tum a hi a ti ngai pua’u hi. Ziagual ma’ chun i luchang uh Khrista chu tân apat thodawk kit ta a hi ziak ah chun, ei uh a taksa hi tuilak ah tum gual in, thokit hinkhua mang thei nailo in um tadi maleu hin, a tum chu kihilo a hi. Lalpa Jesu zâl ah chun zotute i hi zaw’u hi” ti in ei la gen hi.

*“Ka hepi chu kei â ahi’n, keile ama â ka hi”  
(Solomon La 2:16)*

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: Rev. K. Jama Vaiphei  
: Rev. Hesei Vaiphei  
: Rev. Th. Samuel Vaiphei  
: Upa Lalminsang  
: Upa S. Lalpi  
: Pi Hoilian, Secretary, CKNP  
: Upa Lalthuoisang, Secretary, CKKP

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Hinna Vâk ah thu kisua zosia hi Editor ngaidan a hi suak puai

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### PAUCHAPNA HIAT DING



1. Manipur Area Kochuamte'n Pathian dawigual ah ma i sawn zel theina dingun.
2. Kochuam Ni Pawimaw - Palm Sunday, Good Friday, Easter Sunday te navak leh lawting takah Kochuamte'n i mat chiat theina dingun.
3. Manipur Area sungah Kochuam Upa, Pastor leh Kochuam Committee member chuam chuamte'n Pathian Thagau Thiangtho puina gualah Kochuamte a puihuai zel theina dingun.
4. Khristian Khanglai Pawl (KKP) leh Kochuam Numei Pawl (KNP) Puitute â dingin.

### GENCHIANNA

February 2021 issue ah khan a cover sung lam a hung blank ziang kha ta, zia kha Press lamte hung sukkhial khâk ahia, amau inle khawk a sa ma ma ua, chulah sum tam tak seng ah bawlphat ngâi a hi tâk ziakin tia khan bawlphatlo in a hung kihawmzâk ta mai a, i hiatthiamna'u ka hung dawn hi.

Chun, Editorial Board chun, *tha sin leh hapta masapen ah suadaw zel ding* ti in thupukna a la nei ta. Himaleh, tu kum sung ahin semtute mawpuakna a hung kithenkual zia in duthusam gual takin nâ a chiatha zung zung thei pua, simtute hiatthiamna ka hung dawn hi.

A hunbî kiguatsa dungzui ah suadaw ding gua ah kidel hâm hâm a hia, April tha tiang bêk ahin zia hunbî hi zuidik theina ding ah pan kila a hi.

~ Editor